

Monday 10-12-2018

Tuesday 11-12-2018

Wednesday 12-12-2018

Thursday 13-12-2018

Friday 14-12-2018

	Monday 10-12-2018	Tuesday 11-12-2018	Wednesday 12-12-2018	Thursday 13-12-2018	Friday 14-12-2018
Soup	Gypsy stule soup with sausage Vegan curry soup with kale (veg)	Split pea soup Pumpkin cream soup with coconut milk and chilli flakes	Sour soup on pork ribs Cream of red beetroot with horseradish(veg)	Mexican soup Onion soup (veg)	Polish 'zurek' soup on homemade sourdough Carrot cream soup (veg)
Live Cooking	Chicken fajitas with crunchy tortilla	Oriental noodles with chicken and Hoisin sauce	Vegetarian burger with grilled halloumi, pineapple and black onion	Pasta with broccoli, sun-dried tomatoes, chicken and a creamy sauce	Falafel with vegetables in a tortilla
Main dish	Chicken fillet coated in sesame seeds Chilli con carne with beans, paprika & corn Glazed BBQ wings Pork chop stuffed with horseradish&prunes Thai pork with green beans	Pasta carbonara Chicken cutlets with vegetables Roast in mushroom sauce Enchilada with chicken and beans Sweet-sour chicken	Chicken liver with onions and apples Risotoni with ground pork Spicy sambal chicken sticks Pork loin chop Oriental pork spicy with a hint of citrus	Pork ribs glazed sweet chilli Ground chicken cutlet stuffed with cheese and Hungarian pork stew Spicy Indian chicken leg Turkey Teriyaki	Breaded chicken fillet Ground pork cutlet in mushroom sauce Chicken gyros with vegetables and cheese Pork shoulder steak braised with onion Pork with mun mushrooms
fit Fit dish	Steamed poultry with green beans in mint sauce	Zucchini stuffed with chicken and vegetables	Chicken fillet with broccoli puree	Steamed pork loin with basil paste and sprouts	Cod from the oven in marinade of yoghurt 0%
Fish	Breaded cod Hoki fish in broccoli batter	Breaded hake fish Coconut batter tilapia with lemon	Fish baked with vegetables Ground fish cutlets with broccoli	Cod breaded with sesame Tilapia in panko	Breaded pollock stuffed with spinach Hoki fish in batter
VEGAN Vegan	Courgette, mix peppers & beans lecho (vegan)	Falafel with kale and jalapenio (veg)	Spicy batatas with Brussel sprouts (vegan)	Pumpkin risotto with sage and cinnamon (vegan)	Nori Wraps with dried tomato paste (vegan)
VEGETARIAN Vegetarian	Gnocchetti with tomatoes, zucchini and green peas (veg) Courgette, mix peppers & beans lecho (vegan) Chinese pasta (veg) Pumpkin casserole, tofu, colorful peppers. Breaded cheese	Buckwheat risotto with sun-dried tomatoes, mushrooms and parsley (veg) Falafel with kale and jalapenio (veg) Fried Rice With Vegetables (veg) Aubergine breaded (veg) Vegetable fritters with sunflower seeds (veg)	Barley with green peas Spicy batatas with Brussel sprouts (vegan) Soy noodles with vegetables (veg) Spring Rolls With Vegetables (veg) White bean and veggies cutlets (veg)	Wholegrain pasta with spinach, tomato, cheese and kale pesto (veg) Pumpkin risotto with sage and cinnamon (vegan) Fried Tom Yum rice (veg) Lentil meatballs with sweet soy sauce (veg) Pumpkin fritters	Sicilian caponata with aubergine, tomatoes, celery, olives and capers Nori Wraps with dried tomato paste (vegan) Oriental pasta with vegetables (veg) Oriental pancakes with vegetables (veg) Lentil & amaranth cutlets (veg)
Vegetables	Gnocchi in raspberry sauce Spinach Carrot with peas and pumpkin Mushrooms in cream Broccoli with sunflower seeds String beans mix Mix of steamed vegetables	Banana in batter Spinach Blanched young cabbage with dill Cooked beetroot (veg) Mixed vegetables Yellow beans with garlic and bread crumbs Brussels sprouts	Mini cupcakes with chocolate Spinach Carrots and peas Mushrooms in cream Broccoli with sunflower seeds Yellow beans with breadcrumbs Cauliflower with garlic, parsley & crumbs	Cheese pancakes with raisins and nuts Spinach Carrot with peas and pumpkin Young cabbage fried with bacon Brussels sprouts String beans mix Mix of steamed vegetables	Pancakes with cinnamon Spinach Carrots and peas Cooked beetroot (veg) Broccoli with sunflower seeds String beans mix Mini carrots with sesame seeds
Dumplings	Pierogies with white cheese&potato Pierogies stuffed with meat	Pierogies with white cheese&potato Pierogies with cheese, potato, bacon and onion	Pierogies with white cheese&potato Pierogies stuffed with spinach and typu feta	Pierogies with white cheese&potato Pierogies with spicy potato&cheese filling	Pierogies with white cheese&potato Zeppelins with meet
Others	Dumplings Boiled potatoes Potatoes roasted with rosemary French fries Yellow rice with vegetables Buckwheat Couscous with vegetables	Dumplings Potatoe puree with onion Roast potatoes French fries Rice with carrots and peas Barley Bulgur grits in Turkish	Dumplings Boiled potatoes Roast potatoes with garlic and marjaram French fries Wild rice Buckwheat with onion Lentils with peppers	Spinach dumplings Boiled potatoes Roast potatoes French fries Rice with vegetables Bulgur grits in Turkish Couscous with vegetables	Dumplings Boiled potatoes Potatoes fried with vegetables French fries Rice with carrots and peas Honey barley with green peas Barley groats with mushrooms and onions
Salad	Beetroot salad with onion Young cabbage with radish Carrot and oranges salad Chinese cabbage & sprouts salad	Beetroot salad with sunflower seeds Red cabbage slaw Carrot & apple salad Sauerkraut salad	Beetroot salad with onion Young cabbage with carrot, apple and dill Carrot, peach and apple salad Chienese cabbage with kale, cucumber and chive	Beetroot salad with sunflower seeds White cabbage salad with corn, dill and mayonnaise Carrots and raisins salad with orange note Sauerkraut salad	red beetroot, chickpeas and nuts salad Young cabbage with carrot and zucchini Carrot & apple salad Peking cabbage & arugula salad
	Broccoli and cauliflower salad with mayonnaise Sauerkraut salad Leek and corn salad	Broccoli and cauliflower salad with mayonnaise Red cabbage and apple salad Cucumber salad with sour cream	Broccoli and cauliflower salad with mayonnaise Celery salad Tomatoes in cream	Broccoli and cauliflower salad with mayonnaise Red cabbage salad, mayonnaise and garlic Cucumber salad with sour cream	Broccoli and cauliflower salad with mayonnaise Red cabbage and apple salad Salad with green beans, blue cheese and nuts
Salad	#ADR! Rhodos salad	Salad with cauliflower and broccoli Moroccan couscous salad	Greek salad Salad with tandori chicken	#ADR! Pasta salad with broccoli	Salad with tuna #ADR! #ADR!
	Avocado, pomegranate and pork Fruit salad	#ADR! Fruit salad	#ADR! Fruit salad	#ADR! Fruit salad	Salad of cherry tomatoes and rucola Fruit salad