

**Monday 21-05-2018**

**Tuesday 22-05-2018**

**Wednesday 23-05-2018**

**Thursday 26-05-2018**

**Friday 27-05-2018**

**Soup**

<i>Dill and cucumber with rice (vea)</i>	<i>Tomato soup with noodles (vea)</i>	<i>Young red beetroot soup (vea)</i>	<i>Sorrel soup (vea)</i>	<i>Spicy fish soue ala purtasnesca</i>
Bean soup	Split pea soup	Tripe soup with tomatoes	White borscht with mushrooms	Country hen soup with noodles and veggies

**Live Cooking**

<i>Pulled pork in butter roll with BBQ strawberry sauce</i>	<i>Grilled chicken breast served on spaghetti with kale pesto</i>	<i>Hamburger with cheddar cheese, cucumber, red onion, lettuce and tomato</i>	<i>Pasta with broccoli, sun-dried tomatoes, chicken and a creamy sauce</i>	<i>Grilled trout with seasonal salad and French fries</i>
<i>Chicken fillet coated in sesame seeds</i>	<i>Chilli con carne with beans, paprika &amp; corn</i>	<i>Chicken fillet baked with salami and broccoli</i>	<i>Hungarian pork goulash with black pepper</i>	<i>Chicken cutlets with vegetables</i>
<i>Pork cutlets in bbq apple sauce</i>	<i>Risatoni with around pork</i>	<i>Risatoni with around pork</i>	<i>Chicken fillet with pineapple and chilli sauce</i>	<i>Pork chop in basil gravy</i>

**Main dish**

<i>Enchilada with chicken and beans</i>	<i>Ginger pork meatballs in tomato&amp;vegetable sauce</i>	<i>Chicken liver with spinach and zucchini</i>	<i>Pork loin chop</i>	<i>Tagliatelle with chicken, mozzarella and tomato-caper sauce</i>
<i>Stuffed ground pork cutlets in hunter sauce</i>	<i>Glazed chicken sticks</i>	<i>Steak in a roast sauce</i>	<i>Spicy Indian chicken leg</i>	<i>Pork ribs glazed</i>
<i>Turkey Teriyaki</i>	<i>Oyster beef</i>	<i>Chicken in tandori curry sauce</i>	<i>Pork with mun mushrooms</i>	<i>Chicken with Thai basil</i>



**Fit dish**

<i>Pork loin with green string beans</i>	<i>Chicken fillet rolls with vegetables</i>	<i>Turkey with beetroot and white cheese</i>	<i>Boiled chicken breast stuffed with zucchini</i>	<i>Turkey and courgette fitburgers</i>
--	---	--	--	--

**Fish**

<i>Tilapia in panko</i>	<i>Ground fish cutlets with broccoli</i>	<i>Grilled rockcod fish</i>	<i>Hoki roulade with vegetables on mushroom sauce</i>	<i>Steak with a jalapeno mango salsa</i>
<i>Hoki fish in pepper batter</i>	<i>Pollock fish in curry batter</i>	<i>Fish in Greek way</i>	<i>Breaded tilapia</i>	<i>Miruna with cheese &amp; spinach paste</i>



**Vegan**

<i>Spicy batatas with Brussel sprouts (vegan)</i>	<i>Bulgur with chickpeas, mushrooms, sun-dried tomatoes, olives and parsley (vegan)</i>	<i>Pumpkin risotto with sage and cinnamon (vegan)</i>	<i>Courgette lecho with fresh tomato (vegan)</i>	<i>Couscous from cauliflower with asparagus (vegan)</i>
---	---	---	--	---



**Vegetarian**

<i>Vege cutlets with asparagus, carrot and broccoli (veg)</i>	<i>Bulgur gratin with broccoli and fennel (veg)</i>	<i>Sweet potato stuffed with vegetables and cheese (veg)</i>	<i>Green asparagus lasagne with cream sauce and note of lemon and mint (veg)</i>	<i>Pancakes with broccoli and cheese (veg)</i>
---	---	--	--	--

<i>Spicy batatas with Brussel sprouts (vegan)</i>	<i>Bulgur with chickpeas, mushrooms, sun-dried tomatoes, olives and parsley (vegan)</i>	<i>Pumpkin risotto with sage and cinnamon (vegan)</i>	<i>Courgette lecho with fresh tomato (vegan)</i>	<i>Couscous from cauliflower with asparagus (vegan)</i>
<i>Oriental pasta with vegetables (veg)</i>	<i>Fried Rice With Vegetables (veg)</i>	<i>Oriental pasta with vegetables (veg)</i>	<i>Fried Rice With Vegetables (veg)</i>	<i>Sou noodles with pak choi (veg)</i>
<i>Chickpeas in curry sauce with zucchini and peppers (veg)</i>	<i>Phad thai with tofu (veg)</i>	<i>Vegetables in tempura (veg)</i>	<i>Sweet sour tofu with vegetables (vegan)</i>	<i>Yellow curry with tofu, mango and fresh spinach (veg)</i>
<i>Barley with green peas</i>	<i>Tagliatelle with vegetables, kale and olives (veg)</i>	<i>Millet cutlet with young beets and tzatziki dip (veg)</i>	<i>Spagetti with broad beans, tomatoes and arugula (veg)</i>	<i>Breaded cheese (veg)</i>

**Vegetables**

<i>Pancakes With Apple</i>	<i>Coconut chaps with millet</i>	<i>Curd with raisins</i>	<i>Gnocchi in strawberry sauce</i>	<i>Banana in batter</i>
<i>Spinach</i>	<i>Spinach</i>	<i>Spinach</i>	<i>Spinach</i>	<i>Spinach</i>
<i>Carrot with peas and pumpkin</i>	<i>Blanched young cabbage with dill</i>	<i>Carrots and peas</i>	<i>Carrot with peas and pumpkin</i>	<i>Carrots and peas</i>
<i>Mushrooms in cream</i>	<i>Cooked beetroot (veg)</i>	<i>Mushrooms in cream</i>	<i>Young cabbage fried with bacon</i>	<i>Cooked beetroot (veg)</i>
<i>Broccoli with sunflower seeds</i>	<i>Mixed vegetables</i>	<i>Broccoli with sunflower seeds</i>	<i>Brussels sprouts</i>	<i>Broccoli with sunflower seeds</i>
<i>String beans mix</i>	<i>Green string beans with garlic and bread crumbs</i>	<i>Yellow beans with breadcrumbs</i>	<i>String beans mix</i>	<i>String beans mix</i>
<i>Mix of steamed vegetables</i>	<i>Brussels sprouts</i>	<i>Cauliflower with garlic, parsley &amp; crumbs</i>	<i>Mix of steamed vegetables</i>	<i>Mini carrots with sesame seeds</i>

**Dumplings**

<i>Pierogies with white cheese&amp;potato</i>	<i>Pierogies with white cheese&amp;potato</i>	<i>Pierogies with white cheese&amp;potato</i>	<i>Pierogies with white cheese&amp;potato</i>	<i>Pierogies with white cheese&amp;potato</i>
<i>Pierogies stuffed with meat</i>	<i>Pierogies with cheese, potato, bacon and onion</i>	<i>Pierogies stuffed with spinach and typu feta</i>	<i>Pierogies with spicy potato&amp;cheese filling</i>	<i>Zeppelins with meet</i>

**Others**

<i>Dumplings</i>	<i>Dumplings</i>	<i>Dumplings</i>	<i>Spinach dumplings</i>	<i>Dumplings</i>
<i>Boiled potatoes</i>	<i>Boiled new potatoes</i>	<i>Boiled new potatoes</i>	<i>Boiled new potatoes</i>	<i>Boiled potatoes</i>
<i>Potatoes roasted with rosemary</i>	<i>Roast potatoes</i>	<i>Roast potatoes with garlic and marjoram</i>	<i>Roast potatoes</i>	<i>Potatoes fried with vegetables</i>
<i>French fries</i>	<i>French fries</i>	<i>French fries</i>	<i>French fries</i>	<i>French fries</i>
<i>Yellow rice with vegetables</i>	<i>Rice with carrots and peas</i>	<i>Wild rice</i>	<i>Rice with vegetables</i>	<i>Rice with carrots and peas</i>
<i>Buckwheat</i>	<i>Barley</i>	<i>Buckwheat with onion</i>	<i>Bulgur grits in Turkish</i>	<i>Honey barley with green peas</i>
<i>Couscous with vegetables</i>	<i>Bulgur grits in Turkish</i>	<i>Lentils with peppers</i>	<i>Couscous with vegetables</i>	<i>Barley groats with mushrooms and onions</i>

**Salad**

<i>Beetroot salad with onion</i>	<i>Beetroot salad with sunflower seeds</i>	<i>Beetroot salad with onion</i>	<i>Beetroot salad with sunflower seeds</i>	<i>Red beetroots, chickpeas and nuts salad</i>
<i>Young cabbage with radish</i>	<i>Red cabbage slaw</i>	<i>Young cabbage with carrots, apple and dill</i>	<i>White cabbage salad with dill and mayonnaise</i>	<i>Young cabbage with carrot and zucchini</i>
<i>Carrot and oranges salad</i>	<i>Carrot &amp; apple salad</i>	<i>Carrot, peach and apple salad</i>	<i>Carrots and raisins salad with orange note</i>	<i>Carrot &amp; apple salad</i>
<i>Chinese cabbage &amp; sprouts salad</i>	<i>Sauerkraut salad</i>	<i>Chiense cabbage with kale, cucumber and chive</i>	<i>Sauerkraut salad</i>	<i>Peking cabbage &amp; arugula salad</i>
<i>Sour cucumber salad</i>	<i>Pickled cucumber, pepper and red onion salad</i>	<i>Sour cucumber salad</i>	<i>Pickled cucumber, pepper and red onion salad</i>	<i>Pickled cucumber &amp; onion salad</i>
<i>Broccoli and cauliflower salad with mayonnaise</i>	<i>Broccoli and cauliflower salad with mayonnaise</i>	<i>Broccoli and cauliflower salad with mayonnaise</i>	<i>Broccoli and cauliflower salad with mayonnaise</i>	<i>Broccoli and cauliflower salad with mayonnaise</i>
<i>Sauerkraut salad</i>	<i>Red cabbage and apple salad</i>	<i>Celery salad</i>	<i>Red cabbage salad, mayonnaise and garlic</i>	<i>Red cabbage and apple salad</i>
<i>Leek and corn salad</i>	<i>Cucumber salad with sour cream</i>	<i>Tomatoes in cream</i>	<i>Cucumber salad with sour cream</i>	<i>Salad with green beans, blue cheese and nuts</i>

**Salad**

<i>Noodle salad</i>	<i>Salad with cauliflower and broccoli</i>	<i>Greek salad</i>	<i>Lamb's lettuce with chickpeas, cherry tomatoes and egg</i>	<i>Salad with tuna</i>
<i>Spinach, rocket salad, pear and black sesame</i>	<i>Cesar spinach with broccoli</i>	<i>Spinach baby-leaves, asparagus and strawberries</i>	<i>Chicken fajitas salad with pepper</i>	<i>Spicy devil's salad</i>
<i>Rhodos salad</i>	<i>Chickpeas salad with dried tomatoes</i>	<i>Rocket salad, pomegranate, cherry tomatoes and typu typu feta cheese</i>	<i>Italian salad (basil, tomato, celery, mint)</i>	<i>Lamb's lettuce salad with chicory</i>
<i>Bulgur salad with chickpeas, kale, pepper and corn</i>	<i>Mozarella salad with red currants</i>	<i>Chicken, celery and orange salad</i>	<i>Pasta salad with broccoli</i>	<i>Eggplant and green peas salad</i>
<i>Avocado, pomegranate and pork</i>	<i>Lettuce, radish and cucumber salad</i>	<i>Leek, ham and celery salad</i>		<i>O Salad of cherry tomatoes and ruola</i>
<i>Fruit salad</i>	<i>Fruit salad</i>	<i>Fruit salad</i>	<i>Fruit salad</i>	<i>Fruit salad</i>