



Monday 23-04-2018

Tuesday 24-04-2018

Wednesday 25-04-2018

Thursday 26-04-2018

Friday 27-04-2018

	Monday 23-04-2018	Tuesday 24-04-2018	Wednesday 25-04-2018	Thursday 26-04-2018	Friday 27-04-2018
Soup	Mexican soup Spring soup (veg)	Gypsy style soup with sausage Young red beetroot soup (veg)	Thai Tom Kha Kai soup with chicken Minestrone	Indian aromatic soup with red lentils and chicken Cold yoghurt & beetroot soup	Goulash soup Vegetable gazpacho (veg)
Live Cooking	Pork loin chop on a pillow of apple-plum chutney and sweet potato puree	Chinese noodles with chicken	Beef Burger BBQ (beef, bacon, tomato, cheddar cheese, red onion, BBQ sauce)	Tortilla with grilled chicken and fresh vegetables	Grilled cod served on parsley puree with colorful vegetables
Main dish	Ground pork cutlet in mushroom sauce Chicken sharma Roast of pork in gravy Sweet and sour chicken wings Thai pork with green beans	Glazed chicken sticks Pork fillet with grilled vegetables Breaded chicken fillet with tomato & cheese Hot chicken with bamboo	Diced pork fried with onion Lasagne with meat Breaded pork chop	Hawaiian fillet Chicken liver with apples and marjoram Eggplant stuffed with meat and vegetables Penne carbonara Chicken in mango	Pork ribs glazed Stein-fried noodles with vegetables and chicken Pork steak with onions Dumplings Spicy ginger pork
 Fit dish	Boiled chicken breast stuffed with zucchini	Steamed pork loin stuffed with asparagus and paprika	Chicken fillet with broccoli puree	Steamed turkey with vegetables	Steamed chicken fillet with pumpkin puree and white cheese
Fish	Hake with zucchini & tomato baked under cheese Breaded hoki fish with sesame seeds	Hoki fish in broccoli batter Breaded tilapia	Fish cutlet with vegetables Hake roasted with tomatoes and slices of lemon	Tilapia in curry batter Cod baked with cheese & broccoli paste	Hoki fish with tomato and green pesto Breaded fish with spinach
 Vegan	Nori Wraps with dried tomato paste (vegan)	Chickpeas nougas (vegan)	Roasted cauliflower in tomatoes (vegan)	Zucchini stuffed with vegetables (veg)	Millet burgers with spinach (vegan)
Vegetarian	Barley risotto with roasted beets and pear (veg) Nori Wraps with dried tomato paste (vegan) Oriental chickpeas with onions, tomatoes and zucchini (veg) Fried Rice With Vegetables (veg) Potato cutlets with mushrooms (veg)	Millet meatballs with dried tomato (vegan) Chickpeas nougas (vegan) Vegetables in tempura (veg) Oriental pasta with vegetables (veg) Cheese coated in sesame (Veg)	Vegetarian cabbage rolls (veg) Roasted cauliflower in tomatoes (vegan) Sweet sour tofu with vegetables (vegan) Rice noodles with vegetables (veg) Pancakes with broccoli and cheese (veg)	Pumpkin risotto with sage and cinnamon (vegan) Zucchini stuffed with vegetables (veg) Oriental pancakes with vegetables (veg) Chinese pasta with vegetables (veg) Tower of potato pancakes & veggies (veg)	Chickpeas & batatas cutlet (veg) Millet burgers with spinach (vegan) Spring rolls curry (veg) Fried Rice With Vegetables (veg) Tortilla with red lentil, pepper, carrot and cheese (veg)
Vegetables	Cheese pancakes with raisins and nuts Spinach Carrot with peas and pumpkin Mushrooms in cream Broccoli with sunflower seeds String beans mix Mix of steamed vegetables	Pancakes With Apple Spinach Blue cabbage Cooked beetroot (Veg) Mixed vegetables Green string beans with garlic and bread crumbs Brussels sprouts	Pears cooked in wine Spinach Carrots and peas Mushrooms in cream Broccoli with sunflower seeds Yellow beans with breadcrumbs Cauliflower with garlic, parsley & crumbs	Banana in batter Spinach Carrot with peas and pumpkin Fried cabbage with bacon Brussels sprouts String beans mix Mix of steamed vegetables	Gnocchi in raspberry sauce Spinach Mushrooms in cream Cooked beetroot (Veg) Broccoli with sunflower seeds String beans mix Mini carrots with sesame seeds
Dumplings	Pierogies with white cheese&potato Mexican dumplings with meat	Pierogies stuffed with spinach Pierogies with cheese, potato, bacon and onion	Pierogies stuffed with meat Pierogies with white cheese&potato	Pierogies stuffed with cabbage Pierogies with spicy potato&cheese filling	Pierogies with white cheese&potato Zeppelins with meat
Others	Dumplings Boiled potatoes Potatoes roasted with rosemary French fries Yellow rice with vegetables Buckwheat Couscous with vegetables	Dumplings Potato puree with onion and bacon Roast potatoes French fries Rice with carrots and peas Barley Bulgur grits in Turkish	Dumplings Potatoes from water with dill butter Roast potatoes with garlic and marjoram French fries Wild rice Buckwheat with onion Lentils with peppers	Spinach dumplings Mashed potatoes Roast potatoes French fries Rice with vegetables Bulgur grits in Turkish Couscous with vegetables	Dumplings Boiled potatoes Potatoes fried with vegetables French fries Rice with carrots and peas Honey barley with green peas Barley groats with mushrooms and onions
Salad	Beetroot salad with onion Young cabbage with radish Carrot and oranges salad Chinese cabbage & sprouts salad Sour cucumber salad Broccoli and cauliflower salad with mayonnaise Sauerkraut salad Leek and corn salad	Beetroot salad with sunflower seeds Red cabbage slaw Carrot & apple salad Sauerkraut salad Pickled cucumber, pepper and red onion salad Broccoli and cauliflower salad with mayonnaise Red cabbage and apple salad Tomatoes in cream	Beetroot salad with onion Young cabbage with carrot, apple and dill Carrot, peach and apple salad Chinese cabbage with kale, cucumber and chive Sour cucumber salad Broccoli and cauliflower salad with mayonnaise Celery salad Leek & apple salad	Beetroot salad with sunflower seeds White cabbage salad with cori, dill and mayonnaise Carrots and raisins salad with orange note Sauerkraut salad Pickled cucumber, pepper and red onion salad Broccoli and cauliflower salad with mayonnaise Red cabbage salad, mayonnaise and garlic Cucumber salad with sour cream	red beetroot, chickpeas and nuts salad Young cabbage with carrot and zucchini Carrot & apple salad Peking cabbage & arugula salad Pickled cucumber & onion salad Broccoli and cauliflower salad with mayonnaise Red cabbage and apple salad Salad with green beans, blue cheese and nuts
Salad	Noodle salad Spinach, rocket salad, pear and black sesame Riados salad Bulgur salad with chickpeas, kale, pepper and corn Avocado, pomegranate and pork Fruit salad	Salad with cauliflower and broccoli Cesar spinach with broccoli Chickpeas salad with dried tomatoes Mazarrella salad with red currants Lettuce, radish and cucumber salad Fruit salad	Greek salad Spinach baby-leaves, asparagus and strawberries Rocket salad, pomegranate, cherry tomatoes and typu typu feta cheese Chicken, celery and orange salad Leek, ham and celery salad Fruit salad	Lamb's lettuce with chickpeas, cherry tomatoes and egg Chicken fajitas salad with peppercorn Italian salad (basil, tomato, celery, mine) Pasta salad with broccoli Salad of pumpkin and kale Fruit salad	Salad with tuna Spicy devil's salad Lamb's lettuce salad with chichory Eggplant and green peas salad Salad of cherry tomatoes and rucola Fruit salad