

Monday 16-07-2018

Tuesday 17-07-2018

Wednesday 18-07-2018

Thursday 19-07-2018

Friday 20-07-2018

Soup

Broth with noodles	Barley groats & vegetable soup	Corn soup with chicken	Bean soup on knuckle with tarragon	White borscht with mushrooms
Lake and potato soup (veg)	Lentil soup with roasted vegetables (veg)	Tomato soup with basil and garlic(veg)	Sour cucumber soup (veg)	Pepper soup (veg)



Fit dish

Stewed loin of pork loin on vegetable ratatouille	Ginger chicken meatballs in tomato&vegetable sauce	Ginger-lemon oriental chicken	Turkey steamed with vegetables in curlers	Boiled chicken breast stuffed with zucchini
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Main dish

Japanese pork stew Subuta	Roasted pork loin with vegetables and cheese	Pasta with ham and mushrooms	Chicken gyros tortilla with french fries and coleslaw	Pork tenderloin stewed on vegetable ratatouille
Chicken fillet in parsley batter	Cabbage leaves with meat&rice stuffing in tomato sauce	Schnitzel with a juniper aroma	Ground pork cutlet in mushroom sauce	Chicken in coriander sauce with lime and chilli
Pasta carbonara	Tenderloin in Hawaiian sauce	Chicken stomachs in horseradish sauce	Asian rice wok stir-fry with spicy marinated chicken and vegetables	Pork roulades stuffed with cucumber & onion wrapped in bacon
Peppers stuffed with meat and rice	Pork steak with zucchini and pepper under cheese	Ribs 5 flavors	Chicken breast in almond breading	Chinese noodles with chicken
Chicken gyros	Chicken gyros	Chicken gyros with vegetables and cheese	Chicken gyros	Chicken gyros
Grill	Grill	Grill	Grill	Grill
Tilapia with pepper salsa	Salmon baked in bread dough and spinach	Fish fingers with sesame seeds	Bomba fish in curry sauce	Fish in Greek way
Breaded pollock stuffed with spinach	Fishburger	Fish balls in dill sauce	Cod in crispy shell on spinach	Tilapia in panko



Vegan

rinital nuddles with vegetables (veg)	Chickpeas in a curry sauce with zucchini and peppers	Stuffed eggplant in Italian	Grilled pumpkin with orange	Indian sweet potato & lentil cutlet (veg)
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Zucchini stuffed with vegetables and millet	Baked aubergine with zucchini and tomato (veg)	Cabbage rolls with barley groats and wilde mushrooms (veg)	Home pizza with vegetables	Pasta with vegetables in a cheese sauce
Falafel with chickpeas with tomato and pepper sauce	Vegetarian Tortilla with lentils, tofu and vegetables (veg)	Croquettes with brocula	Sweet & sour Toffu & veggies (veg)	Fried rice with vegetables and pumpkin
Potato from ash with curd	Oriental pasta with vegetables	Spinach pancakes with cottage cheese	Hungarian potato cutlets	Grilled pumpkin
Tofu curry with spinach (veg)	heese coated in sesame seeds	Treat with chickpeas	Breaded mushrooms	Vegetable tortilla
Spinach	Carrots with peas and peppers	Spinach	Spinach	Spinach
Fried cabbage with mushrooms	Young cabbage spicy	Beets fried with cream	Mushrooms in cream(veg)	Cooked beetroot (veg)
Carrots with peas and peppers	Cooked beetroot (veg)	Carrot with peas	Young cabbage spicy	Carrot with peas and pumpkin
Cauliflower with garlic, parsley & crumbs	Green beans in sweet chilli sauce and sesame seeds	Mix of steamed vegetables	Mini carrots with sesame seeds	Brussels sprouts
Oriental beans with sesame seeds	Carrots with pumpkin	Broccoli with curry sauce	String beans mix	Cauliflower coated in sweet chili sauce (veg)
Glazed carrots	Broccoli with sunflower seeds	Green string beans with garlic and bread crumbs	Cauliflower with broccoli and roasted pumpkin seeds	Broccoli with sunflower seeds



Wegetarian and vegetables

Dumplings

Pierogies with white cheese&potato	Pierogies with white cheese&potato	Pierogies with white cheese&potato	Pierogies with white cheese&potato	Pierogies with white cheese&potato
Pierogies stuffed with meat	Pierogies stuffed with meat	Pierogies stuffed with meat	Pierogies stuffed with meat	Pierogies stuffed with meat

Others

French fries	French fries	French fries	French fries	French fries
Cheese pancakes with apple	Pancakes with aronia	Yeast Pancakes With Apples	Apples in a biscuit batter	Pancakes with cinnamon
Potatoes from water with dill butter	Potatoes from water with dill butter	Potatoes from water with dill butter	Potatoes from water with dill butter	Roast potatoes with garlic and marjoram
Rice with vegetables	Yellow rice with vegetables	Green lentils stewed with onions and peppers in tomato sauce	Buckwheat with onion	Couscous with vegetables
Millet groat	Pearl barley with green peas	Barley groats with mushrooms and onions	Yellow rice with corn, carrot and peas	Bulgur grits with dried tomatoes and parsley
Bulgur grits in Turkish	Buckwheat with onion	Grandine pasta with vegetables	Bulgur grits with tomatoes and mint	Buckwheat

Salads

Salad from young cabbage with radish	Chinese cabbage salad, cucumber and radishes	Celery salad, peppers and cucumbers	Broccoli and cucumber salad	Sauerkraut salad
Carrot salad with apple	Carrot and pineapple salad	Red cabbage salad	Carrot and pineapple salad	Low-salt cucumbers
Red cabbage salad	Salad with young cabbage, pickled cucumber, red onion, tomato and fennel	Carrot and peach salad	Tomatoes in cream	Carrot salad with apple
Salad, cucumber salad and sour cream	Low-salt cucumbers	Salad with young cabbage, carrot and parsley	Coleslaw	White cabbage slaw with horseradish
Beetroot salad with onion	Pork and pea salad	Salad, cucumber salad and sour cream	Salad with beet and cucumber	Beetroot salad with onions

Salads

Salad with chicken, tomato and pepper	Greek salad	Salad of green asparagus tomatoes and mozzarella	Salad with rucola, olives and mozzarella	Salad with mozzarella and dried tomato
Salmon salad	Spring salad mix vegetables	Salad with pork, avocado and pomegranate	Salad with Parma ham	Rhodoss salad
Salad made of low-salt cucumbers, tomatoes and green cucumbers	Salad with chicken, peppers and red beans	Salad with feta cheese and chickpeas	Salad with string beans, peppers and blue cheese	Salad with chicken tomato and peppe
Broccoli and mozzarella salad	Salad with orange and blue cheese	Tomatoes in cream	Butterhead salad with cream and radish	Salad with feta cheese and celery
Fruit salad	Fruit salad	Fruit salad	Fruit salad	Fruit salad