

	Monday 20-05-2019	Tuesday 21-05-2019	Wednesday 22-05-2019	Thursday 23-05-2019	Friday 24-05-2019
Soup	Tomato soup with cream cheese Pumpkin and carrot cream soup with orange	Polish 'zurek' soup Chilled Tomato	Georgian soup Charczo Red onion soup	Mexican chicken soup Green peas and kale cream soup with croutons (veg)	Thai fish soup with tomato, oyster mushrooms on coconut milk Ribollita - Tuscan bean soup
Live Cooking	Grilled pork loin medallions on vegetable ratatouille	A mix of oriental noodles	Liver with onions, oyster mushrooms in teriyaki sauce served with rice and a koledra	Tortilla with hummus, chicken and vegetables served with a rocket salad, rocket tomato and	Fried rice with seafood, tomato and olives
Main dish	Chicken breast in crispy shell Minced pork patties in Mexican Chicken with vegetables Pork roast in orange ginger sauce Chicken in tandoori curry sauce	Honey & mustard chicken leg Pork cutlets in pepper sauce Chicken roulades with carrot and zucchini Breaded pork neck with garlic and marjoram Thai chicken fillet (spicy)	Enchilada with chicken and beans Chicken breast in sesame seeds Rigatoni with ground pork Ground chicken cutlet stuffed with cheese and Pork Chukchi with spicy white wine	Chicken drumstick baked with tomato and Pork steak with red onion jam Chicken strips Shoarma with spinach Turkey Teriyaki	Pumpkin goulash with chicken and coriander Penne carbonara Glazed chicken sticks Chicken gyros with vegetables and cheese Pork with mushroom and bamboo shoots
 Fit dish	Chicken fillet with herbal paste and black cumin	Steamed chicken fillet with pumpkin paste, ginger and almonds	Grilled pork loin with tomato cucumber salsa and a hint of mango	Boiled chicken fillet with cheese and asparagus	Chicken shashlik
Fish	Breaded hok fish with tomato and cheese Coconut batter tilapia with lemon	Hake with fried onion baked under cheese Fish Hungarian style	Cod baked with cheese & broccoli paste Fish in a beetroot	Fish gratin Fish in potato breadcrumbs	Grilled mackerel with dried tomatoes wrapped Fish balls in dill sauce
 Vegan	Aromatic Thai curry with cauliflower (veg)	Eggplant stuffed with pumpkin and kale (vegan)	Sweet potato stuffed with vegetables (vegan)	Pumpkin stew with tofu, peppers, chickpeas and coconut milk (veg)	Falafel with cauliflower vegan
 Vegetarian	Breaded cheese (veg) Aromatic Thai curry with cauliflower (veg) Soy noodles with vegetables Oriental pancakes with vegetables (veg) Millet meatballs with dried tomato (vegan)	Hara Bhara (vegan) Eggplant stuffed with pumpkin and kale (vegan) Rice in Vietnamese Aubergine breaded (veg) Beets stuffed with lime rice (vegan)	Lasagne spinach -nenia Sweet potato stuffed with vegetables (vegan) Rice noodles with vegetables (veg) Sweet sour tofu with vegetables (vegan) Broccoli fritters	Cutlet of buckwheat and spinaki Pumpkin stew with tofu, peppers, chickpeas and coconut milk (veg) Fried rice with vegetables and tofu cheese Spring Rolls With Vegetables (veg) Pennette in broccoli and cheese sauce (veg)	Pepper stuffed with couscous, dried tomatoes and feta cheese (veg) Falafel with cauliflower vegan Chinese pasta (veg) Chickpeas in nut-cinnamon sauce Stuffed zucchini with quinoa and vegetables (vegan)
Vegetables	Apples in a biscuit batter Spinach Carrot with peas in a creamy curry sauce Mushrooms in an Indian sauce Mixed vegetables	Yeast Pancakes With Apples Spinach Carrots with peas and sweetcorn and a touch of turmeric Cooked beetroot (veg) Brussels sprouts	Grilled pears with blueberry sauce Spinach Baby carrot with pumpkin in citrus sauce Mushrooms in cream String beans mix	Rice with apples Spinach Cooked beetroot (veg) Fried cabbage Broccoli with bread crumbs	Casserole Spinach Sauerkraut, fried Mushrooms in soy sauce Carrot with sesame seeds
Dumplings	Pierogies with white cheese&potato Mexican dumplings with meat	Pierogies with white cheese&potato Pyzy with meat	Pierogies with white cheese&potato Pierogies stuffed with spinach	Pierogies with white cheese&potato Pierogies with spicy potato&cheese filling	Pierogies with white cheese&potato Fish dumplings
Others	Dumplings Boiled potatoes Roast potatoes French fries Yellow rice Lentils with peppers Couscous with pomegranate and black beans and a touch of basil	Spinach dumplings Boiled potatoes with herbs and butter Potatoes roasted with rosemary French fries Tandoori rice Buckwheat with onion Groats with forest mushrooms (veg)	Dumplings Potatoes from water with dill butter Roast potatoes with garlic and marjoram French fries Wild rice Grandine pasta with vegetables Bulgur grits in Turkish	Pumpkin dumplings with sage butter Potato puree with onion and bacon Roast potatoes French fries Mexican rice Couscous with dried tomatoes and roasted numkin Buckwheat with chickpeas and mushrooms	Potato dumplings Boiled potatoes Potatoes fried with vegetables French fries Bulgur grits with green lentils, carrots and peppers Hulled barley with broccoli, spinach and peas
Salad	Beetroot salad with onion Cabbage & corn salad Carrot slaw with raisins Beijing cabbage salad, red peppers and corn Cucumber salad with sour cream Broccoli and cauliflower salad with mayonnaise Sauerkraut salad Celery salad	Beet salad in Korean White cabbage slaw Tomato and cucumber salad Sauerkraut salad Low-salt cucumbers Red cabbage salad Salad with green beans, blue cheese and nuts Leek & apple salad	Beetroot salad with sunflower seeds Red cabbage salad Carrot & apple salad Cabbage and corn salad with canned peppers Chinese cabbage with kale, cucumber and chive Celery and carrot salad Tomatoes and onions Leek and radish salad	red beetroot, chickpeas and nuts salad Coleslaw with pepper A carrot salad in Korean Sauerkraut salad Broccoli and cauliflower salad with mayonnaise Young cabbage with dill Sour cucumber salad Leek and corn salad	Beetroot salad with onion White cabbage with corn, leek and parsnip Carrot salad with cranberry Peking cabbage salad with carrot Tomato and cucumber salad Mixed cabbage salad with carrot and apple Red cabbage and apple salad Leek and peas salad
Salad	Greek salad Oriental salad with ginger and marinated cucumber Fruit salad	Rocket salad with oranges, nuts and honey sauce Caprese salad Fruit salad	Rukola, cocktail tomato, mozzarella Marine salad with tuna Fruit salad	Caesar salad (egg, croutons) Summer salad with raspberries & tytu tytu feta cheese Fruit salad	Spring salad with feta cheese Rhodos salad Fruit salad