

	Monday 18-11-2019	Tuesday 19-11-2019	Wednesday 20-11-2019	Thursday 21-11-2019	Friday 22-11-2019
Soup	Broth with noodles Harira - Moroccan soup	Red beetroot & vegetable soup Green peas and kale cream soup with croutons (veg)	Sour soup on pork ribs Lentil soup with roasted vegetables (veg)	Bavarian pork soup with beer Vegetable soup with barley (veg)	Mexican soup Broccoli cream soup (veg)
Live Cooking	#N/D	Beef burger with smoked cheese, onion, gherkins...	Beef burger with smoked cheese, onion, gherkins...	Ramen Shoyu with pork- Japanese soup with ramen noodles and toppings	Chicken breast grilled with spinach, bacon and pumpkin seeds
Main dish	Chicken fillet breaded with cornflakes Crispy chicken legs with mayonnaise Roasted pork in gravy Chicken shoarma with vegetables with garlic sauce Ground pork cutlet	Chicken breast in thyme breading Pork loin stuffed with apricots Spicy sambal chicken sticks Hungarian pork stew Enchilada with pork and vegetables	Chicken brast in cornflake batter Breton beans in tomato sauce Grilled chicken with apple and mustard Pork ribs with bbq sauce Penne bolognese pasta with beef	Chicken fillet in breadcrumbs & nuts Oriental meatballs Chicken liver with apples and marjoram Counttryside pasta with sausage, onion and egg Crispy goose	Breaded chicken breast Penne carbonara Pork steak with onion Mexican chicken Sweet and sour chicken wings
fit	Chicken fillet stuffed with paprika and typhu feta cheese sprinkled with chives	Ginger and lemon chicken fillet with red onion jam	Fillet stuffed with spinach	Pork sirloin with thickly cut vegetables (spicy)	Paella with seafood and chicken
Fish	Hoki fish in broccoli batter Breaded tilapia fish with pumpkin seeds	Cod breaded with sesame Tilapia in dough with dried tomatoes and herbs	Coconut batter tilapia with lemon Hake with fried onion baked under cheese	Hoki with vegetable salsa Hake in coloured pepper breading	Fish in Greek way Hoki fish in batter
VEGAN	Aloo gobi (cauliflower, potatoes, tomatoes, peas) (veg)	Batatas baked with rosemary (vegan)	Vegetarian risotto (veg)	Chickpeas nougats (vegan)	Ratatouille
VEGETARIAN	Vegetable fritters with sunflower seeds (veg) Barley with green peas Vegetables baked with herbs de Provence and cheese Stuffed zucchini with quinoa and vegetables (vegan)	Buckwheat cutlets with vegetables (veg) Chickpeas & tomatoes goulash (veg) Pancake with vegetables baked cheese (veg) Pasta with mushroom sauce (veg)	Egg cutlets (veg) Tower of potato pancakes & veggies (veg) Lasagne with spinach & pumpkin (veg) Tofu & chickpeas curry (veg)	Pumpkin fritters (veg) Cabbage rolls with barley groats and wilde mushrooms Vegetables Italian-style (veg) Vegetable stew with lentils	Hungarian potato cutlets Vegetarian pot with beans, sweet corn, lentils and cauliflower casserole (veg) Grilled beets
Vegetables	Yeast Pancakes With Apples Spinach Mushrooms in soy sauce Carrots and peas Broccoli with sunflower seeds Mini carrots with sesame seeds String beans mix	Coconut chops with millet Spinach Fried cabbage with bacon Carrots baked in honey with ginger, chilli and sesame Mixed vegetables Green string beans with garlic and bread crumbs Broccoli with sunflower seeds	Cheese pancakes with raisins and nuts Spinach Carrots and peas Fried cabbage with bacon Carrots duo with sesame Yellow beans with breadcrumbs Mixed veggies with roasted pumpkin seeds	0 Spinach Fried cabbage with tomato Mini carrot caramelized with thyme Cauliflower with garlic, parsley & crumbs String beans mix Mix of steamed vegetables	0 Spinach Carrots and peas Cooked beetroot (veg) Broccoli with sunflower seeds String beans mix Mixed steamed vegetables in herb sauce
Dumplings	Pierogies with white cheese&potato Pierogies stuffed with meat Dumplings Potatoes from water with dill butter	Pierogies with white cheese&potato Dumplings with broccoli Dumplings Potatoe puree with onion	Pierogies with white cheese&potato Pierogies with cheese, potato, bacon and onion Dumplings Potatoes from water with dill butter	Pierogies with white cheese&potato Pierogies stuffed with spinach Dumplings Boiled potatoes	Pierogies with white cheese&potato Pierogies with spicy potato&cheese filling Spinach dumplings Boiled potatoes
Others	Roast potatoes with garlic and marjoram French fries Rice Couscous with vegetables Buckwheat groats	Roast potatoes French fries Rice with carrots and peas Barley groats with mushrooms and onions Bulgur wheat	Roast potatoes with garlic and marjoram French fries Yellow rice Buckwheat with onion Lentils with peppers	Roast potatoes French fries Rice with vegetables Bulgur grits with dried tomatoes and parsley Couscous with vegetables	Potatoes fried with vegetables French fries Rice with vegetables Honey barley with green peas Lentils with peppers
Salad	Beetroot salad with onion White cabbage slaw with horseradish Carrot slaw with raisins Red cabbage salad Chinese cabbage with pumpkin & apple Broccoli and cauliflower salad with mayonnaise String bean salad Tomatoes and onions	Beetroot salad with sunflower seeds Red cabbage slaw Carrot & apple salad Sauerkraut salad Pickled cucumber & onion salad Chinese cabbage with kale, cucumber and chive Red cabbage and apple salad Celery salad with raisins	Beetroot salad with onion Coleslaw with pepper Carrot salad with horseradish, raisins and cream Swedish Salad Low-salt cucumbers Salad with green beans, blue cheese and nuts Red cabbage salad with red onions Tomatoes in cream	Beetroot salad with sunflower seeds White cabbage salad with corn, dill and mayonnaise Carrots and raisins salad with orange note Sauerkraut salad Leak and corn salad Peking cabbage & arugula salad Red cabbage salad, mayonnaise and garlic Pickled cucumber	Beetroot salad with onion Coleslaw with leek Carrot & apple salad Swedish Salad Leak salad Celery and carrot salad Red cabbage and apple salad Chinese cabbage salad with mini corn on the cob
Salad	Carrot & cucumber oriental salad with sesame Grilled chicken and pepper salad Fruit salad	Chicken & cranberries salad Salad with broccoli, eggs, cherry tomatoes and cucumber Fruit salad	Chicken, celery and orange salad Bulgur salad with chickpeas, kale, pepper and corn Fruit salad	0 Gyros salad Greek salad Fruit salad	0 Gyros salad Bulgur salad with chickpeas, kale, pepper and corn Fruit salad