




MEET & EAT.

Bistro and more

MENU 33 tydzień

nasze menu na www.meet-and-eat.pl

	Monday 13-08-2018	Tuesday 14-08-2018	Wednesday 15-08-2018	Thursday 16-08-2018	Friday 17-08-2018
Soup	<i>Parsnip & celeriac crem soup (veg)</i> Barley groats & vegetable soup	<i>Cauliflower soup (veg)</i> Goulash soup with beans		<i>Mushroom soup (veg)</i> Chicken soup with carrots and green peas	<i>Italian cabbage and pepper soup (veg)</i> Pea soup with croutons
Live Cooking	<i>Chicken breast grilled with apple and thyme on cuder sauce</i>	<i>Grilled pork loin in herb&pepper marinade with veaaias</i>		<i>Hungarian style potato pancakes</i>	<i>Gilled miruna with vegetable salsa</i>
Wok	<i>Sweet and spicy pork</i>	<i>Oriental pasta with chicken tenderloin and</i>		<i>Asian fried wok rice with pieces of</i>	<i>Fried rice with chicken and egg</i>
Macaroni	<i>Penne with napoli sauce with bacon</i>	<i>Boscaiola pasta (onion, mushrooms, tomato sauce)</i>		<i>Pasta with chicken in chanterelle & cream sauce</i>	<i>Fusilli with chicken in spinach sauce</i>
Main dish	<i>Chicken with peanuts and sesame</i> <i>Pork tenderloin wrapped in bacon with rosemarry pesto</i> <i>Pork loin chop with mushroom sauce</i> <i>Chicken gyros</i>	<i>Pork loin chop with mushrooms</i> <i>Curry with chicken, pumpkin and kale</i> <i>Pork steak with onion</i> <i>Chicken gyros</i>		<i>Chicken breast in crispy poppy seed</i> <i>Meatballs in tomato sauce</i> <i>Tortilla with chicken, broccoli and corn</i> <i>Chicken gyros</i>	<i>Breaded pork chop</i> <i>Chicken liver with apples and marjoram</i> <i>Lasagne with meat and vegetables</i> <i>Chicken gyros</i>
 Fit dish	<i>Baked chicken fillet with glazed strawberries in balsamic vinegar and rucola</i>	<i>BBQ chicken leg</i>		<i>Chicken rolls stuffed with typu typu feta cheese and zucchini</i>	<i>Tenderloin in a sweet and spicy sauce</i>
Fish	<i>Fish baked with vegetables</i>	<i>Fried Tilapia a la bruschetta</i>		<i>Fried fish with tomatoes</i>	<i>Hoki fish in batter</i>
 Vegan	<i>Paella with vegetables (vegan)</i>	<i>Courgette lecho with fresh tomato (vegan)</i>		<i>Chickpeas with tomatoes and peppers</i>	<i>Pasta a la bolognese with lentil and veggies (veg)</i>
 Vegetarian	<i>Eggplant Egyptian style (veg)</i>	<i>Breaded cheese (veg)</i>		<i>Indian sweet potato & lentil cutlet (veg)</i>	<i>Vegetable cutlets (veg)</i>
Sweet	<i>Curds with raisins</i>	<i>Lemon pancakes with currants</i>		<i>Pancakes with apples</i>	<i>Pancakes with cheese and strawberries</i>
Vegetables	<i>Spinach</i> <i>Cheese coulfiflower</i> <i>Fried cabbage</i>	<i>Mixed veggies with sunflower seeds and</i> <i>Glazed carrots</i> <i>Cooked beetroot (veg)</i>		<i>Spinach</i> <i>Carrots baked in honey with ginger, chilli and sesame</i> <i>Mixed vegetables with breadcrumbs</i>	<i>Spinach</i> <i>Young cabbage with colorful peppers for hot</i> <i>Carrots and peas</i>
Dumplings	<i>Pierogies with white cheese&potato</i>	<i>Pierogies stuffed with meat</i>		<i>Pierogies with spicy potato&cheese filling</i>	<i>Pierogies with white cheese&potato</i>
	<i>Dumplings</i> <i>Boiled potatoes</i>	<i>Dumplings</i> <i>Potatoes from water with dill butter</i>		<i>Dumplings</i> <i>Boiled potatoes</i>	<i>Dumplings</i> <i>Boiled potatoes</i>
Others	<i>Roast potatoes</i> <i>French fries</i> <i>Yellow rice</i> <i>Barley</i>	<i>Roast potatoes</i> <i>French fries</i> <i>Rice</i> <i>Pearl barley with green peas</i>		<i>Roast potatoes</i> <i>French fries</i> <i>Rice with mushrooms</i> <i>Buckwheat with onion</i>	<i>Roast potatoes</i> <i>French fries</i> <i>Yellow rice with corn, carrot and peas</i> <i>Millet groat</i>
Salad	<i>Red cabbage, onion and oranges salad</i> <i>Clasic cabbage slaw</i> <i>Carrot salad with peach</i> <i>Pickled cucumber, pepper and red onion salad</i>	<i>Pickled cucumber & onion salad</i> <i>Chinese cabbage, leek, peas and egg salad</i> <i>Lettuce with sour cream</i> <i>White cabbage, pickled pepper, carrot and cucumber</i>		<i>Young cabbage with carrot and zucchini</i> <i>White turnip salad with corn and parsnip</i> <i>Spicy celery salad</i> <i>Cucumber salad with sour cream</i>	<i>White cabbage with leek,apple and carrot</i> <i>Beetroot salad with onion</i> <i>Peking cabbage & arugula salad</i> <i>Tomatoes and onions</i>
Salad	<i>Thai rice noodles salad with chicken and peanuts</i>	<i>Roasted zucchini salad with typu typu feta cheese, tomato and red onion</i>		<i>Salad with chicken and sunflower seeds</i>	<i>Yoghurt salad with cooked chicken</i>