

Monday 23-04-2018

Tuesday 24-04-2018

Wednesday 25-04-2018

Thursday 26-04-2018

Friday 27-04-2018

Soup

Green beans soup (veg)

Parsnip & celeriac crem soup (veg)

Lentil soup with noodles (veg)

Beetroot cream soup with coconut milk and ginger (veg)

Vegetable soup with barley (veg)

Indian aromatic soup with red lentils and chicken

Sour cucumber & smoked bacon soup

Barley groats & vegetable soup

Tripe soup

Polish 'zurek' soup

Live Cooking

Grilled chicken fillet in honey&mustard marinade

Hungarian style potato pancakes

Grilled Pork with garlic and thyme

Burger with grilled chicken , mozzarella , rucoil and tomato

Grilled cod with salsa

Wok

Chicken with pineapple and corn on the cob

Sweet and spicy pork

Oriental pasta with chicken

Asian fried wok rice with pieces of

Oriental pasta with chicken tenderloin and

Macaroni

Pasta with chicken and mushrooms

Tagliatelle with chicken, mozarella and tomato-caper sauce

Pasta with pesto and chicken

Pasta with pork tenderloin and mushrooms

Pasta in cream&cheese sauce with salami

Main dish

Pork loin chop with double pepper and Chicken stew with tomatoes and basil in cream sauce

Chicken breast in linseed Tortilla with grilled chicken and fresh vegetables

Pork loin with potato batter

Chicken brast in cornflake batter

Pork loin with green string beans

Zucchini stuffed with chicken and vegetables

Ground pork with mushrooms and cheese

Pork cutlets in gravy

Chicken fillet with dill sauce

Casserole witch pork loin

Chicken gyros

Chicken gyros

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Chicken gyros



Fit dish

Cooked pieces of turkey with fresh spinach and a mix of roasted beans

Chicken rolls stuffed with peppers and leeks

Fat-free chicken pocket stuffed in Italian

Steamed pork chops with vegetables

Turkey stew with vegetables and corn

Fish

Breaded fish with spinach

Fish in Greek way

Cod breaded with sesame

Fried fish with tomatoes

Tilapia in panko



Vegan

Sweet potato stuffed with vegetables (vegan)

Zucchini stuffed with vegetables (veg)

Falafel with kale and jalapenio

Spicy batatas with Brussel sprouts (vegan)

Chickpeas nougas (vegan)



Vegetarian

Chickpeas curry with zucchini and pepper (veg)

Breaded cheese with cranberries (veg)

Barley risotto with baked veggies, mushrooms and pumpkn seeds (veg)

Broccoli and rice fritters with sunflower and corn (veg)

Mexican tortilla with rice, beans, corn and lentil (veg)

Sweet

Yeast Pancakes With Apples

Pancakes with cheese and raspberries

Pancakes with apples

Pancakes with cheese and strawberries

Pancakes with apples

Vegetables

Spinach

Broccoli with bread crumbs

Spinach

Spinach

Spinach

Mix of steamed vegetables

Fried cabbage with mushrums

Baby carrot steamed with fresh time

Yellow beans with breadcrumbs

Carrots and peas

Red cabbage cooked with onions

Carrots duo with sesame

Fried cabbage

Mushrooms in cream

Cooked beetroot (veg)

Dumplings

Pierogies with white cheese&potato

Pierogies stuffed with meat

Dumplings with potatoes and mushrooms

Pierogies with spicy potato&cheese filling

Pierogies with white cheese&potato

Dumplings

Dumplings

Dumplings

Spinach dumplings

Dumplings

Boiled potatoes

Boiled potatoes

Potatoes from water with dill butter

Mashed potatoes

Boiled potatoes

Roast potatoes

Potatoes roasted with rosemary

Roast potatoes

Roast potatoes

Roast potatoes with garlic and marjoram

French fries

French fries

French fries

French fries

French fries

Rice

Rice with vegetables

Rice

Rice with mushrooms and peas

Rice

Buckwheat with onion

Pearl barley with green peas

Barley

Buckwheat with onion

Bulgur grits in Turkish

Chinese coleslaw

Coleslaw with red cabbage

White cabbage, pickled pepper, carrot and

White cabbage slaw with horseradish

Hungarian cabbage salad

White cabbage with roasted peanuts and

Carrot & celery salad

Carrot & apple salad

Chinese cabbage salad, cucumber and red

Sauerkraut salad

Salad

Carrot salad with apple in cream

White cabbage salad and red radish

Red cabbage salad, mayonnaise and garlic

Beetroot salad with onion

Red cabbage salad

Chinese cabbage, leek, peas and egg salad

Sauerkraut salad

Celery salad with peaches and raisins

Carrot salad with horseradish, raisins and cream

Carrots and pineapple salad

Salad

Carrot with apple and red beetroot

Mushroom salad with egg and green beans

Yoghurt salad with cooked chicken

Swedish Salad

Salad with fried salami, tomatoes, pickled peppers, corn and cheese