

# MEET & EAT.

Bistro and more

## MENU 42 tydzień

nasze menu na [www.meet-and-eat.pl](http://www.meet-and-eat.pl)

Monday 14-10-2019

Tuesday 15-10-2019

Wednesday 16-10-2019

Thursday 17-10-2019

Friday 18-10-2019

### Soup

Tomato soup with noodles  
Polish 'zurek' soup on homemade  
sourdough

Celeriac soup with cauliflower carpaccio  
Bean soup

Minestrone soup with dumplings (veg)  
Mexican soup

Green peas and kale cream soup with  
Indian aromatic soup with red lentils and  
chicken

Red beetroot & vegetable soup (veg)  
Thai lemon grass soup with veggies and rice  
noodles

### Live Cooking

Grilled chicken fillet with salsa

Hamburger, French fries, coleslaw

Pork tortilla with spicy tomato sauce

Hungarian style potato pancakes

Miruna grilled with gremolata served on  
pasta with vegetables

### Wok

Oriental pasta with chicken

Oriental pork with lemon grass

Oriental chicken with honey and nuts

Pork with mun mushrooms

Rice noodles with Thai turkey with hot

### Macaroni

Fried spaghetti with sausage, vegetables  
and marjoram

Pasta with bacon, dried tomatoes and  
onions

Noodles with chicken, mushrooms and  
tarragon

Penne pasta with salmon in dill sauce  
with dried tomatoes

Penne with tuna and tomatoes

### Main dish

Chicken in spicy breading

Mexican Pork

Chicken shoarma with spinach

Chicken gyros

Pork loin with potato batter

Chicken curry with sweet potatoes,

multi-colour peppers and broccoli

Chicken "Cacciatore"

Chicken gyros

Chicken with peanuts and sesame

Zucchini stuffed with chicken and

vegetables

Pork in mushroom sauce

Chicken gyros

Pork loin with green string beans

Diced ham, fried with onion and

mushrooms

Chicken leg in curry sauce

Chicken gyros

Breaded fillet

Pork meatballs with rice in tomato sauce

Chicken liver with onions and mushrooms

Chicken gyros

### Warm dish

Chicken rolls with spinach and peppers

Pork in tomato sauce pieczeniowo

Oriental Duck with ginger, bamboo shoots  
and peanuts

Filet wrapped with bacon in a cream  
sauce with vegetables

Pork neck in honey with carrots & sesame

### Fish

Hoki fish with tomato and green pesto

Fried Tilapia a`la bruschetta

Ground fish cutlets

Fish in Greek way

Hake with zucchini & tomato baked under



### Vegan

Aloo gobi (cauliflower, potatoes,  
tomatoes, peas) (veg)

Sweet potato stuffed with vegetables  
(vegan)

Falafel with kale and jalapeno

Vegetarian pot with beans, sweet corn,  
lentils and vegetables

Hungarian lecho (vegan)



### Vegetarian

Creamy rice with mushrooms, green peas  
and parsley (veg)

Pork cutlets

Vege-burger with breaded cheese and  
veggies (veg)

Gnocchi in mushroom sauce

Broccoli cutlets coated in sesame seeds

### Sweet

Pancakes with cinnamon

Pancakes with cheese and blackberries

Pancakes with nutella and banana

Pancakes with cheese and strawberries

Pancakes with cheese and orange

### Vegetables

Spinach

String beans mix

Cooked beetroot (veg)

Spinach

Broccoli with bread crumbs

Young fried cabbage

Spinach

Baby-carrots with roasted peanuts

Mix of steamed vegetables

Spinach

Carrot duo with bread crumbs and  
linseed

Broccoli with sunflower seeds

Spinach

Fried cabbage

Yellow beans with breadcrumbs

### Dumplings

Pierogies with white cheese&potato

Pierogies stuffed with spinach

Dumplings with potatoes and mushrooms

Pierogies with spicy potato&cheese filling

Pierogies with white cheese&potato

Dumplings

Dumplings

Spinach dumplings

Dumplings

Dumplings

Boiled potatoes

Boiled potatoes

Boiled potatoes

Boiled potatoes

Boiled potatoes

### Others

Roast potatoes

Roast potatoes

Roast potatoes

Roast potatoes

Roast potatoes

French fries

French fries

French fries

French fries

French fries

Rice

Rice with vegetables

Rice with mushrooms

Rice

Rice

Buckwheat with onion

Barley groats with green beans and  
carrot

Buckwheat with onion

Couscous with vegetables

Buckwheat groats

### Salad

Coleslaw with pepper

Chinese cabbage salad, kohlrabi, red onion

Pickled cucumbers, colorful peppers and  
onions

Carrot slaw with raisins

White cabbage slaw with horseradish

Spicy celery salad

Leek and radish salad

Cucumber salad with sour cream

Beetroot salad with onion

Pumpkin & apple autumn salad

Carrot & cucumber oriental salad with  
sesame

Radish, carrot and corn salad

Indian salad (cabbage, peanuts, carrots)

Sour cucumber salad

Lettuce mix with colorful peppers

Salad with celery, apple and cucumber  
with yoghurt

White cabbage slaw with horseradish

Carrot salad with raisins and zucchini

Red cabbage salad, mayonnaise and garlic

Tomatoes and green peppers salad

### Salad

Zorrba salad (Peking cabbage, black  
olives)

Tomatoes and onions

Greek feast (tomato, pepper, cucumber,  
red onion, tyfu tyfu feta cheese)

Salad with tyfu tyfu feta cheese

Bulgur salad with chickpeas, kale, pepper  
and corn