MENU 7 Week our menu at www·meet-and-eat·pl

	Monday February 12, 2024	Tuesday February 13, 2024	Wednesday February 14, 2024	Thursday February 15, 2024	Friday February 16, 2024
Soups	Garlic soup with cheese and bacon	Bean	Krupnik on duck	Gypsy soup with sausage	Barberry
	Vegetable soup (veg)	Cream of white vegetables with dried plums (veg)	Cream of tomato and carrot soup with brown rice	Pea soup (veg)	Lentil soup with roasted vegetables (veg)
	Breaded chicken fillet	Breaded minced cutlet	Pork chop	Chicken strips	Parisian chicken fillet
	Chicken leg baked with mushrooms	Poultry fillet with caper sauce	Lazy cabbage rolls in tomato sauce	sweet-sour chicken	Pancakes with chicken and chanterelles
Meat	Meatballs in cucumber and dill sauce	Mexican chicken enchilada with lentils and vegetables	Poultry tenderloin in cream and thyme sauce with onion and mushrooms	Pennete pasta with eggplant, tomatoes, capers and pork	Tenderloin in cheese sauce with salami
	Pasta with pork tenderloin and mushrooms in cream sauce	Duck on red cabbage with figs, with Czech dumplings	Pork with mun mushrooms	Bao bun with roasted duck and Asian bbq sauce	Chicken drumsticks in crispy corn breading
	Chicken in coconut milk	Pork chops in pepper sauce	Chicken in tandori curry sauce	Chicken liver with onion and apple	Spicy ginger pork
	Hunter's style pork goulash	Pasta with ham and mushrooms	Chicken drumsticks in pineapple bbq sauce	Mix of grilled meats	Oriental pasta with chicken and Hoisn sauce
Low fat dish	Boiled chicken fillet with vegetables (kcal.151/100g	Grilled drumstick with baked pumpkin and carrots with basil pesto (kcal.148/100g)	Chicken fillet stewed in leeks (kcal.152/100g)	Poultry shashlik with onion, pepper and zucchini K: 142 / 100g	Turkey escalopes in tomato sauce with basil K: 15
	Pollock fillet in golden breadcrumbs	Breaded hake	breaded cod	Tilapia in herb dough	Breaded burbot
Fish	Fish with grilled vegetables	Miruna in Hungarian	Sautéed fish with jalapeno dip	Fish in Greek	Fish with curry mayonnaise sauce and crispy pumpkin
	Aromatic sweet potato and red bean stew (veg)	Baked beans (veg)	Sweet potatoes baked with rosemary (veg)	Soy noodles with vegetables (veg)	Tortilla cake with vegetables (veg)
Vegan	Vegetable soup with chickpeas	Fried rice with vegetables (veg)	Vegetable cutlet with additions	Hungarian Lecho (veg)	Eggplant Egyptian style (veg)
	Bean chilli with dark chocolate	Lentil cutlets (veg)	Tortilla with spinach, feta cheese and kale (veg)	Zucchini stuffed with vegetables (veg)	Pasta alla Norma (veg) (tomatoes, eggplant)
GETAP.	Cauliflower cutlet with egg (veg)	Thai-style oyster mushrooms with rice noodles (veg) Chinese noodles (veg)	Buckwheat and spinach cutlets with garlic dip (veg)	Millet stuffed cabbage with spinach in cream sau (veg)
	Rice with egg in oyster sauce (veg)	Pumpkin and chickpea curry with potatoes and coriander	Tofu in black pepper sauce (veg)	Chickpeas in curry sauce with zucchini and peppers (veg)	Risotto with vegetables and fresh herbs (veg)
	Banana in cake	Waffles with fruit	Pancakes with vanilla cottage cheese and peaches	Chocolate pancakes with cheese and orange	Yeast Pancakes With Apples
	Spinach	Spinach	Spinach	Spinach	Spinach
	Fried cabbage with mushrooms Mushrooms in cream	Mushrooms in cheese sauce Warm beets	Mini caramelized carrots with thyme Mushrooms in soy sauce	Red cabbage Mushrooms in teriyaki sauce	White cabbage fried with bacon Carrot with peas
	A bouquet of vegetables with breadcrumbs and sunflower seeds	Cauliflower with sesame seeds	Vegetable bouquet	Cauliflower with sesame seeds	Carrot and sesame duo
	Carrot and sesame duo	Mix of vegetables with sunflower seeds	Broccoli with sunflower seeds	Steamed vegetable mixture	Mini carrots with sesame seeds
	Yellow beans with breadcrumbs	Green beans with garlic breadcrumbs	A mixture of vegetables with roasted pumpkin seeds	s Brussels sprouts	Yellow beans with breadcrumbs
		diedii beans with gaine breader ambs			Tellow bearis with breader dilibs
	Italian style potatoes (veg)	Turkish grilled vegetables	Potato slices	Italian-style grilled vegetables	Vegetables with Provençal herbs baked with chee
Pierogi	Italian style potatoes (veg)	Turkish grilled vegetables	Potato slices	Italian-style grilled vegetables	Vegetables with Provençal herbs baked with chee (veg)
Pierogi	Italian style potatoes (veg) Dumplings	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi	Vegetables with Provençal herbs baked with chee (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings
	Italian style potatoes (veg) Dumplings Dumplings with meat Silesian noodles Mashed potatoes	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter	Vegetables with Provençal herbs baked with chee (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots
Pierogi Accessories	Italian style potatoes (veg) Dumplings Dumplings with meat Silesian noodles	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi	Vegetables with Provençal herbs baked with chee (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings
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	Italian style potatoes (veg) Dumplings Dumplings with meat Silesian noodles Mashed potatoes Pearl barley Buckwheat groats Brown rice	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter Rice Buckwheat with onion Pearl barley with vegetables	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram Yellow rice Bulgur groats Barley groats with mushrooms and onion	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter Turkish bulgur Millet groats Tandoori rice	Vegetables with Provençal herbs baked with chee (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots Couscous with vegetables Pearl barley in tomato sauce with parsley Brown rice Salad With Red Cabbage With Apple
	Italian style potatoes (veg) Dumplings Dumplings with meat Silesian noodles Mashed potatoes Pearl barley Buckwheat groats Brown rice Coleslaw with red cabbage	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter Rice Buckwheat with onion Pearl barley with vegetables Green bean salad	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram Yellow rice Bulgur groats Barley groats with mushrooms and onion Carrot with horseradish	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter Turkish bulgur Millet groats Tandoori rice Cucumber salad with sour cream	Vegetables with Provençal herbs baked with chee (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots Couscous with vegetables Pearl barley in tomato sauce with parsley Brown rice Salad With Red Cabbage With Apple
Accessories	Italian style potatoes (veg) Dumplings Dumplings with meat Silesian noodles Mashed potatoes Pearl barley Buckwheat groats Brown rice Coleslaw with red cabbage Company salad made from Chinese cabbage Beetroots with onion Oriental carrot and cucumber salad with sesame	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter Rice Buckwheat with onion Pearl barley with vegetables Green bean salad Pickled cucumber salad Salad with white cabbage, pickled cucumbers and	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram Yellow rice Bulgur groats Barley groats with mushrooms and onion Carrot with horseradish Korean beets	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter Turkish bulgur Millet groats Tandoori rice Cucumber salad with sour cream Salad with leek, Chinese cabbage, green peas and egg	Vegetables with Provençal herbs baked with cheek (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots Couscous with vegetables Pearl barley in tomato sauce with parsley Brown rice Salad With Red Cabbage With Apple Carrot and raisin salad with a hint of orange
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Accessories	Dumplings Dumplings with meat Silesian noodles Mashed potatoes Pearl barley Buckwheat groats Brown rice Coleslaw with red cabbage Company salad made from Chinese cabbage Beetroots with onion Oriental carrot and cucumber salad with sesame Salad with white radish, bamboo shoots and peppers	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter Rice Buckwheat with onion Pearl barley with vegetables Green bean salad Pickled cucumber salad Salad with white cabbage, pickled cucumbers and apples Carrots with celery Chinese cabbage salad with carrots	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram Yellow rice Bulgur groats Barley groats with mushrooms and onion Carrot with horseradish Korean beets Salad with leek and corn Cucumber salad with French mustard Pickled cucumber salad	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter Turkish bulgur Millet groats Tandoori rice Cucumber salad with sour cream Salad with leek, Chinese cabbage, green peas and egg Radish, carrot and corn salad Swedish salad White cabbage salad with carrots and kohlrabi	Vegetables with Provençal herbs baked with cheer (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots Couscous with vegetables Pearl barley in tomato sauce with parsley Brown rice Salad With Red Cabbage With Apple Carrot and raisin salad with a hint of orange Coleslaw with red cabbage Salad with Chinese cabbage and white radish Beetroots with onion
Accessories Pig salads	Dumplings Dumplings with meat Silesian noodles Mashed potatoes Pearl barley Buckwheat groats Brown rice Coleslaw with red cabbage Company salad made from Chinese cabbage Beetroots with onion Oriental carrot and cucumber salad with sesame Salad with white radish, bamboo shoots and peppers Carrot, apple and beetroot salad	Turkish grilled vegetables Dumplings Mexican dumplings with meat hooves Water potatoes with dill butter Rice Buckwheat with onion Pearl barley with vegetables Green bean salad Pickled cucumber salad Salad with white cabbage, pickled cucumbers and apples Carrots with celery Chinese cabbage salad with carrots Tomato and cucumber salad	Potato slices Dumplings Dumplings with spinach and feta cheese Silesian noodles Potatoes baked with garlic and marjoram Yellow rice Bulgur groats Barley groats with mushrooms and onion Carrot with horseradish Korean beets Salad with leek and corn Cucumber salad with French mustard Pickled cucumber salad White cabbage salad with peppers	Italian-style grilled vegetables Dumplings Fried robber dumplings Spinach Gnocchi Water potatoes with dill butter Turkish bulgur Millet groats Tandoori rice Cucumber salad with sour cream Salad with leek, Chinese cabbage, green peas and egg Radish, carrot and corn salad Swedish salad White cabbage salad with carrots and kohlrabi Salad with red beets, onions and raisins	Vegetables with Provençal herbs baked with cheek (veg) Dumplings Cepelinai with meat Potato and pumpkin dumplings Mashed potatoes with carrots Couscous with vegetables Pearl barley in tomato sauce with parsley Brown rice Salad With Red Cabbage With Apple Carrot and raisin salad with a hint of orange Coleslaw with red cabbage Salad with Chinese cabbage and white radish Beetroots with onion Celery salad
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