

18-03-2024

19-03-2024

20-03-2024

21-03-2024

22-03-2024

**Soups**

Split pea soup	Potato soup with bacon	Chicken noodle soup	Krupnik	Irish fish soup with pieces of salmon
Mushroom soup with pasta (veg)	Creamy cheese soup with roasted sunflower seeds (veg)	Whitened red borscht with potatoes (veg)	Creamy soup with grilled vegetables (veg)	Dill soup with rice (veg)

**Meat**

Chicken fillet in panco / Minced turkey cutlet	Devolay/Chopper with vegetables	Pork chop / Minced cutlet with caramelized onion	Grilled pork steak/ Breaded pork loin with mushrooms and baked with cheese	Breaded chicken fillet / Chicken strips
Pork meatballs in tomato sauce	Pork steak in mushroom sauce	Poultry meatballs in cream sauce with dill	Chicken gizzards in horseradish sauce with wasabi, carrots and peas	Pork steak in green pepper sauce
Highlander style ribs in sauerkraut	Pork loin with plums in wine sauce	Glazed wings with buffalo sauce	Mix of grilled meats	Pork neck gyros with onion, mushrooms and peppers
Chicken tenderloin in cream and leek sauce	Moussaka with pork	Pork goulash with onion and mushrooms	Grilled chicken tenderloins in chanterelle sauce	Bacon baked in the old Polish style
Pork in mustard sauce with onion	Poultry shawarma with onion and mushrooms	Chicken satay with peanut sauce	Chicken in coconut milk	Crispy Chicken with spicy tofu
Pork with mun mushrooms	Sweet and sour pork	Pork neck with fried egg	Grilled pork neck steaks in roast sauce	Penne carbonara pasta

**Low fat dish**

Chicken drumstick with grilled vegetables (kcal 168 / 100g)	Steamed chicken breast with lime (kcal 168/100g)	Multigrain tortilla with grilled chicken and fresh vegetables (K: 186/100g)	Chicken fillet marinated in yogurt with young carrots, ginger and sesame	Turkey kofta on a stick with yogurt and mint (kcal.162/100g)
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**Fish**

breaded cod	Hake in panco	Pollock in crispy breadcrumbs	Grilled trout with vegetables	Tilapia in curry paste
Fish cutlet with zucchini and cheese	Sauteed fish with tartar sauce	Minced fish cutlet	Tuna steak with pepperonata and herbs	Fish with curry mayonnaise sauce and crispy pumpkin

**Vegan**

Falafel in crispy tortilla (veg)	Baked beets with carrots and almonds (veg)	Curry with tofu and chickpeas (veg)	Grilled tortilla with vegetables and humus	Sweet potato with spicy Brussels sprouts (veg)
Sicilian caponata with eggplant, tomatoes, olives and capers (veg)	Thai oyster mushrooms with rice noodles (veg)	Tumbet (Spanish casserole)	Pearl barley with grilled zucchini, kale and parsley pesto	Stuffed cabbage rolls with barley and wild mushrooms



Millet cutlets with spinach and sunflower seeds (veg)	Baked eggplant with tomato and mozzarella cheese	Lentil and millet meatballs in tomato sauce with zucchini	Rice noodles fried with beetroot, tofu and sesame	Curry with mushrooms, sugar snap peas
Mushrooms baked with lentils and tomatoes	Buckwheat kaszotto with forest mushrooms	Tortilla cake with vegetables (veg)	Vegetable goulash with sweet potatoes, beans and chickpeas	Toffee breaded cutlet (veg)
Breaded cheese with cranberries (veg)	Spring rolls with vegetables (veg)	Pasta a la bolognese with lentils and vegetables (veg)	Italian-style grilled vegetables	Pasta casserole with mozzarella and vegetables (veg)
Chocolate pancakes with cheese and red currant	Cheese pancakes with apple and cinnamon	Warm apple pie	Pancakes with cheese and banana	Mini banana muffins

Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms in soy sauce	Warm beets	Carrot with peas	Warm beets	Mushrooms in cream
Carrot caramelized in honey	Broccoli in curry sauce	Fried cabbage	Brussels sprouts caramelized in sweet chili and sesame	Fried cabbage with mushrooms
Brussels sprouts	Vegetable bouquet	Brussels sprouts	Broccoli with sunflower seeds	Broccoli with breadcrumbs
Vegetable bouquet	Mix green beans with bacon and thyme	Yellow beans with breadcrumbs	Vegetable bouquet	Italian style vegetables
Yellow beans with breadcrumbs	Cauliflower with breadcrumbs	Steamed vegetable mixture	Cauliflower with sesame seeds	Green beans with butter

**Pierogi**

Dumplings with cabbage and mushrooms	Dumplings with potatoes and mushrooms	Cepelinai with meat	Dumplings with pulled beef	Dumplings with strawberries
Dumplings with white cheese and dried fruit	Dumplings with spinach	Dumplings with meat	Robber dumplings	Dumplings with white sausage and marjoram

**Accessories**

Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Water potatoes with dill butter	Water potatoes with dill butter
Potato slices	Potatoes baked with rosemary	Slices baked with herbs	Grilled potatoes in their skin	green beans with butter
Rice	Rice with mushrooms	Rice	Tandoori rice	Rice
Barley groats with mushrooms and onion	Green lentils with peas and dried tomatoes	Pearl barley with vegetables	Groats with forest mushrooms (veg)	Millet groats
Bulgur with dried tomatoes and parsley	Couscous with vegetables	Buckwheat groats	Fries	Buckwheat groats
Pearl barley with vegetables	Turkish bulgur	Buckwheat groats	Turkish bulgur	Pearl barley with vegetables

**Pig salads**

Dill salad	Salad with Chinese cabbage, kohlrabi, red onion and pepper	Salad with white cabbage, leek, apple and carrot	Chinese cabbage salad with kale, green cucumber and chives	Chinese cabbage salad with corn
Red cabbage salad	Red cabbage salad with cucumber, dill and onion	Swedish Salad	Salad with cabbage, pickled cucumber, red onion, tomato and dill	Salad With sauerkraut
Red beetroot salad with yogurt	Leek and pea salad	Carrot and apple salad	Carrot and apple salad	Red beetroot salad with onion
Chinese cabbage salad with corn	Carrot and apple salad	Salad With sauerkraut	Red beetroot salad with onion	Thai white cabbage salad
Red beetroot salad with onion	Beetroot and cucumber salad	Red beetroot salad with onion	White cabbage salad with dill	Coleslaw with red cabbage
Butter lettuce, radish, cucumber	White cabbage salad with apple and pickled peppers	Radish salad with coconut milk	Kimchi salad	Carrot and apple salad