

poniedziałek 27-05-2024

wtorek 28-05-2024

środa 29-05-2024

30/05/2024 Free

31/05/2024 Free

**Soups**

Spicy curry soup with chicken

Soup with ham, green peas and vegetables

Homemade chicken soup with poured dumplings and vegetables

Tomato soup with pasta

Onion soup (veg)

Cream of cauliflower and broccoli soup (veg)

**Meat**

Chicken fillet in parsley pastry/Chicken bites in sesame

Pork chop in nut breading/Breaded pork rolls with spinach

Chicken schnitzel with fried egg/Chicken fingers

Chicken cutlets with broccoli

Minced cutlet with vegetables and feta cheese

Chicken liver with spinach and zucchini

Sautéed pork loin baked with cheese, spinach, broccoli, onion and a hint of curry

Steamed chicken fillet with broad beans, tomatoes and olives with yogurt sauce

Oriental chicken with asparagus

Roast pork with sauerkraut

Oriental pork with nuts

Lazy cabbage rolls in tomato sauce

Pork ribs baked at low temperature with rhubarb and apple sauce

Chicken breast in lemon sauce with capers

Rigatoni ze szparagami, prosciutto i jajkiem

**Low Fat dish**

Chicken fillet in broth with vegetables (kcal 130/100g)

Salmon baked in teriyaki with asparagus and sesame (180kcal/100)

Steamed chicken breast with lime and rosemary (165 kcal/100G)

**Fish**

Cod baked with beetroot and feta cheese

Steamed fish in lemon sauce

Fish doves

Fish in beer batter

Fish fingers with sesame seeds

Pollock fillet in golden breadcrumbs

**Vegan**

Enchilada with kale, vegetables and cheese (veg)

Korean broad beans with tofu

Pasta in spinach sauce



Young cabbage pancakes (veg)

Spanish tortilla (potato, spinach, broccoli, zucchini) (veg)

Quiche stuffed with spinach and leek and tomatoes

Mexican Red Beans

Chili sin carne with pumpkin

Fried pearl barley with spinach, sun-dried tomatoes and feta cheese

Pancakes with vanilla cheese and nuts

Sponge cakes with banana

Pancakes with cheese and banana

**Accessories**

Spinach

Spinach

Spinach

Beetroots in balsamic sauce

Mushrooms in teriyaki sauce

Fried young cabbage

Mushrooms in red curry sauce

Carrots with peas

Warm beets

Broccoli with sunflower seeds

Brussels sprouts

Broccoli and cauliflower with sunflower seeds

Cauliflower with breadcrumbs

Cauliflower with broccoli and roasted pumpkin

Vegetable bouquet

Carrot duo with linseed

Steamed vegetable mixture

Yellow beans with breadcrumbs

**Pierogi**

Dumplings

Dumplings

Dumplings

Dumplings with strawberries

Dumplings with broccoli

Empanadas with corn, cheese and coriander

**Accessories**

hooves

Silesian noodles

Pumpkin dumplings with sage butter

Water potatoes with dill butter

Mashed potatoes with baked pumpkin

Water potatoes with dill butter

Potatoes baked with garlic and marjoram

Baked potatoes

Ziemniaki smażone z warzywami

Yellow rice

Jasmine rice with green peas

Rice with egg

Pearl barley with vegetables

Buckwheat groats

Pearl barley with vegetables

Barley groats with mushrooms and onion

Cous cous with roasted pumpkin

Buckwheat groats

Salad with white cabbage, leek, apple and carrot

Salad with Chinese cabbage, kohlrabi, red onion and pepper

Dill salad

**Pig salads**

Carrot and apple salad

Leek and pea salad

Red beetroot salad with yogurt

Red cabbage salad with cucumber, dill and onion

Butter lettuce, radish, cucumber

Chinese cabbage salad with corn

Red beetroot salad with onion

Beetroot and cucumber salad

Coleslaw with young cabbage

Kimchi salad

Cucumber salad with sour cream

Salad with cream

Pickled cucumber

Pickled cucumber

Pickled cucumber

**Salads**

Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)

Rhodes salad

Salad with bulgur, chickpeas, kale, peppers and corn

Herring salad

Salad with couscous, raspberry tomatoes and mint

Chickpea salad with sun-dried tomatoes