

poniedziałek 27-05-2024

wtorek 28-05-2024

środa 29-05-2024

30/05/2024 Free

31/05/2024 Free

Soups

Spicy curry soup with chicken	Soup with ham, green peas and vegetables	Homemade chicken soup with poured dumplings and vegetables
Tomato soup with pasta	Onion soup (veg)	Cream of cauliflower and broccoli soup (veg)

Meat

Chicken fillet in parsley pastry/Chicken bites in sesame	Pork chop in nut breading/Breaded pork rolls with spinach	Chicken schnitzel with fried egg/Chicken fingers
Chicken cutlets with broccoli	Minced cutlet with vegetables and feta cheese	Chicken liver with spinach and zucchini
Sautéed pork loin baked with cheese, spinach, broccoli, onion and a hint of curry	Steamed chicken fillet with broad beans, tomatoes and olives with yogurt sauce	Oriental chicken with asparagus
Roast pork with sauerkraut	Oriental pork with nuts	Lazy cabbage rolls in tomato sauce
Pork ribs baked at low temperature with rhubarb and apple sauce	Chicken breast in lemon sauce with capers	Rigatoni ze szparagami, prosciutto i jajkiem

Low Fat dish

Chicken fillet in broth with vegetables (kcal 130/100g)	Salmon baked in teriyaki with asparagus and sesame (180kcal/100)	Steamed chicken breast with lime and rosemary (165 kcal/100G)
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Fish

Cod baked with beetroot and feta cheese	Steamed fish in lemon sauce	Fish doves
Fish in beer batter	Fish fingers with sesame seeds	Pollock fillet in golden breadcrumbs

Vegan

Enchilada with kale, vegetables and cheese (veg)	Korean broad beans with tofu	Pasta in spinach sauce
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Young cabbage pancakes (veg)	Spanish tortilla (potato, spinach, broccoli, zucchini) (veg)	Quiche stuffed with spinach and leek and tomatoes
Mexican Red Beans	Chili sin carne with pumpkin	Fried pearl barley with spinach, sun-dried tomatoes and feta cheese
Pancakes with vanilla cheese and nuts	Sponge cakes with banana	Pancakes with cheese and banana

Accessories

Spinach	Spinach	Spinach
Beetroots in balsamic sauce	Mushrooms in teriyaki sauce	Fried young cabbage
Mushrooms in red curry sauce	Carrots with peas	Warm beets
Broccoli with sunflower seeds	Brussels sprouts	Broccoli and cauliflower with sunflower seeds
Cauliflower with breadcrumbs	Cauliflower with broccoli and roasted pumpkin	Vegetable bouquet
Carrot duo with linseed	Steamed vegetable mixture	Yellow beans with breadcrumbs

Pierogi

Dumplings	Dumplings	Dumplings
Dumplings with strawberries	Dumplings with broccoli	Empanadas with corn, cheese and coriander

Accessories

hooves	Silesian noodles	Pumpkin dumplings with sage butter
Water potatoes with dill butter	Mashed potatoes with baked pumpkin	Water potatoes with dill butter
Potatoes baked with garlic and marjoram	Baked potatoes	Ziemniaki smażone z warzywami
Yellow rice	Jasmine rice with green peas	Rice with egg
Pearl barley with vegetables	Buckwheat groats	Pearl barley with vegetables
Barley groats with mushrooms and onion	Cous cous with roasted pumpkin	Buckwheat groats
Salad with white cabbage, leek, apple and carrot	Salad with Chinese cabbage, kohlrabi, red onion and pepper	Dill salad

Pig salads

Carrot and apple salad	Leek and pea salad	Red beetroot salad with yogurt
Red cabbage salad with cucumber, dill and onion	Butter lettuce, radish, cucumber	Chinese cabbage salad with corn
Red beetroot salad with onion	Beetroot and cucumber salad	Coleslaw with young cabbage
Kimchi salad	Cucumber salad with sour cream	Salad with cream
Pickled cucumber	Pickled cucumber	Pickled cucumber

Salads

Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Rhodes salad	Salad with bulgur, chickpeas, kale, peppers and corn
Herring salad	Salad with couscous, raspberry tomatoes and mint	Chickpea salad with sun-dried tomatoes