

13.05.2024

14.05.2024

15.05.2024

16.05.2024

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Soups

Bean	Homemade chicken soup with poured dumplings and vegetables	Tripe soup	Young beetroot soup	Corn chowder with smoked bacon and chilli flakes
Tomato soup with pasta (veg)	Creamy leek and potato soup	Spinach soup with pearl barley (veg)	Cabbage soup with young cabbage (veg)	Broccoli soup (veg)

Meat

Chicken fillet in panko / Chicken strips in cornflakes	Pork chop/Meat cutlet with caramelized onion	Devolay/ Crispy chicken tenderloins	Swiss-style minced cutlet/pork chop	Poultry chops / Breaded fillet with sesame
Pork steak in green pepper sauce	Chicken fajitas in a crispy tortilla	Grilled pork neck with Mexican salsa and coriander	Butter chicken	Tortilla with grilled chicken and fresh vegetables
Chicken shawarma	Turkey meatballs in tomato sauce	Pork goulash with onion and mushrooms	Chicken gizzards in wsabi sauce with carrots and peas	Pork neck gyros with onion
Zucchini stuffed with pork and rice baked with cheese	Pork steak in mushroom sauce	Chicken tenderloin in cream sauce with dried tomatoes and salami	Chicken in pineapple curry	Pork meatballs in tomato sauce

Low fat dish

Turkey kofta on a stick with yogurt and mint (kcal.162/100g)	Chicken fillet stewed in tomatoes with lentils Indian style (kcal.169/100g)	Multigrain tortilla with grilled chicken and fresh vegetables (K: 186/100g)	Boiled chicken fillet with vegetables (kcal.151/100g)	Skinless chicken leg stewed with root vegetables (kcal.169/100g)
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Fish

Grilled cod fillet with garlic butter, asparagus and fresh herbs	Tilapia in tempura	Fish & chips	Grilled trout with vegetables	Tilapia with salsa sauce
Drummer in beer batter	Fish with herbal fromage and sweet potato chips	Steamed salmon with vegetables	Sautéed fish with jalapeno dip	Miruna breaded with sesame

Vegan

Zucchini and eggplant ratatouille in tomato sauce (veg)	Zucchini, eggplant and tomato pyramids with basil pesto (veg)	Stuffed cabbage rolls with mushrooms (veg)	Grilled tortilla with vegetables and humus	Yellow rice with vegetables
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Potato cutlets with mushrooms (veg)	Oriental pasta with lemongrass and coriander	Mix of grilled vegetarian dishes	Oriental pasta with vegetables (veg)	Gnocchi in tomato and cheese sauce with olives and basil (veg)
Fried rice with vegetables (veg)	Curry with tofu and chickpeas (veg)	Vegetable cutlet	Vegetable goulash with sweet potatoes, beans and chickpeas	Mexican-style stuffed sweet potatoes with guacamole and pomegranate (veg)
Chocolate pancakes with cheese and raspberries	Pancakes with rhubarb	Cottage cheese pancakes with raisins	Kefir pancakes with fruit	Pancakes with cheese and raspberries

Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms in cream	Mushrooms in soy sauce	Carrot with peas	Broccoli in cheese sauce	Mushrooms in teriyaki sauce
Brussels sprouts caramelized in sweet chili and sesame	Young cabbage fried with bacon	Warm beets (veg)	Beans in tomatoes	Warm young cabbage with dill
Broccoli with cauliflower and corn	Vegetable bouquet	Brussels sprouts	Yellow beans with breadcrumbs	Broccoli with breadcrumbs
Vegetable bouquet	Broccoli and cauliflower with sunflower seeds	Yellow beans with breadcrumbs	Vegetable bouquet	Italian style vegetables
Yellow beans with breadcrumbs	Green beans mix	Steamed vegetable mixture	Cauliflower with sesame seeds	Green beans with butter

Pierogi

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Dumplings with strawberries	Dumplings with meat	Mexican dumplings	Dumplings with spinach and feta cheese	Spinach dumplings

Accessories

hooves	Silesian noodles	Dumplings with wild garlic	Silesian noodles	Dumplings with wild garlic
Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Water potatoes with dill butter	Mashed potatoes with carrots
Potatoes roasted with vegetables	Potatoes baked with rosemary	Fried slices with herbs	Grilled potatoes in their skin	Italian style potatoes
Rice	Rice with mushrooms	Rice	Tandoori rice	Rice
Barley groats with mushrooms and onion	Pearl barley	Pearl barley with vegetables	Groats with forest mushrooms (veg)	Millet groats
Bulgur with dried tomatoes and parsley	Couscous with vegetables	Buckwheat groats	Fries	Buckwheat groats
Pearl barley with vegetables	Turkish bulgur	millet with asparagus, dried tomatoes and feta cheese (veg)	Turkish bulgur	Pearl barley with vegetables

Pig salads

Dill salad	Salad with Chinese cabbage, kohlrabi, red onion and pepper	Salad with white cabbage, leek, apple and carrot	Young white cabbage salad	Chinese cabbage salad with corn
Red cabbage salad	Butter lettuce, radish, cucumber	Swedish Salad	Coleslaw with red cabbage	Leek salad
Carrot and apple salad	Leek and pea salad	Carrot and apple salad	Carrot and apple salad	Red beetroot salad with onion
Chinese cabbage salad with corn	Carrot and apple salad	Salad with Chinese cabbage and white radish	Chinese cabbage salad with kale, green cucumber and chives	White cabbage and carrot salad
Red beetroot salad with onion	Red beetroot salad with onion	Red beetroot salad with onion	Kohlrabi and cucumber salad	Thai cucumber salad
Butter lettuce, radish, cucumber	White cabbage salad with dill	Butter lettuce, radish, cucumber	Kimchi salad	Carrot and apple salad

Salads

Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Arugula, cherry tomato, mozzarella	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Arugula, cherry tomato, mozzarella	gyros salad
Caesar salad (egg, croutons)	Mexican salad	Salad with cranberries and chicken	Macaroni salad	Caesar salad (egg, croutons)