

06.05.2024

07.05.2024

08.05.2024

09.05.2024

10.05.2024

Soups

Goulash	White borscht with sausage	Mexican soup	Ukrainian borscht	Fish soup
Cabbage soup	Spinach soup with pearl barley	Cream of white asparagus	Potato soup made of new potatoes with wild garlic	Sorrel Soup With Egg

Dish

Chicken fillet with almonds	Pork chop/grilled pork steak	Chicken chop/chicken strips	Pork chop baked with mushrooms/ Karminadle	Parisian chicken fillet with parsley/ Breaded chicken tenderloin
Baked chicken leg with Provençal herbs	Beef Chilli con carne	Grill mix	Poultry stomachs in horseradish sauce	Chicken in Arabiata sauce
Pork chops in their own sauce	Poultry gyros	Penne pasta with chicken and wild garlic pesto	Beef bourguignon	Chicken drumsticks in strawberry BBQ
Pork goulash in hunting sauce	Chicken roll stuffed with spinach in cream sauce	Turkey escalopes in tomato sauce	Burger with crispy chicken, cheddar cheese, bacon, BBQ and vegetables	Bolognese pasta
Pork meatballs in mushroom sauce	Tortilla with grilled chicken, vegetables and mozzarella cheese	Chicken liver with apple	Cevapcici in tomato sauce	Pork Stew With Mushrooms
Kung Bao Chicken	Pork with bamboo	Pork 5 flavors	Chicken teriyaki	Pork with broccoli stir fry

Low Fat dish

Chicken drumstick with grilled vegetables (kcal 168 / 100g)	Chicken skewers with vegetables (kcal 174 / 100g)	Chicken leg stewed with young carrots and sage (kcal 159 / 100g)	Chicken rolls with vegetables and ginger in its own sauce (kcal 156/100g)	Steamed salmon with vegetables (Kcal 170/100g)
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Fish

Miruna in panko	Breaded tilapia	Brama in crispy breading	Breaded hake with sunflower seeds	Fish balls in lemon sauce
Sautéed fish with tartar sauce	Cod baked with spinach and cheese	Tagliatelle pasta with salmon	Cod in caper sauce	Grilled cod with asparagus

Vegan

Aromatic thai curry with cauliflower (veg)	Breaded zucchini	Baked sweet potatoes with Brussels sprouts and chili (veg)	Eggplant and pumpkin paste pyramids (veg)	Tofu in black pepper sauce (veg)
Eggplant Egyptian style (veg)	Beans in tomato sauce (veg)	Zucchini and pepper leccho (veg)	Pasta casserole with asparagus (veg)	Kaszotto with grilled zucchini and kale (veg)



Egg cutlet	Lasagna with spinach (veg)	Tofu in sweet and sour sauce (veg)	Pumpkin, tofu and colorful pepper stew with coconut milk (veg)	Egg cutlets with chives (veg)
Breaded Camembert with cranberry sauce (veg)	Gnocchi in sun-dried tomato sauce with arugula and parmesan	Frittata with broccoli and tomatoes (veg)	Enchilada with vegetables (veg)	Baked beans (veg)
Risotto with asparagus	Chickpea tagine	Oriental rice balls with vegetables	Kaszotto with mushrooms (veg)	Potato casserole with mushrooms and cheese (veg)
Oriental pasta with vegetables (veg)	Pancakes with apples (veg)	Pancakes with white cheese and raisins (veg)	Cheese pancakes (veg)	Apples with crumble (veg)

Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms in cream	Fried beets	Mushrooms in teriyaki sauce	Broccoli in curry sauce	Mushrooms in cream
White cabbage fried with bacon	Fried sauerkraut	Carrots with peas	Mushrooms in cheese sauce	Fried red cabbage
Broccoli and cauliflower with sunflower seeds	Vegetable bouquet	Brussels sprouts	Vegetable bouquet	Broccoli and cauliflower with sunflower seeds
Vegetable bouquet	Carrot duo with garlic butter	Cauliflower with broccoli and roasted pumpkin	Cauliflower with breadcrumbs	Vegetable bouquet
Carrot with sesame seeds	Yellow beans with breadcrumbs	Steamed vegetable mixture	Carrot duo with linseed	Yellow beans with breadcrumbs

Dumplings

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Dumplings with groats, bacon and mushrooms	Lentils dumplings	Robber dumplings	Dumplings with meat	Dumplings with spinach, potatoes and mozzarella cheese
Silesian noodles	Silesian noodles	Pumpkin dumplings with sage butter	Silesian noodles	hooves
Water potatoes with dill butter	Mashed potatoes with carrots	Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter
Potatoes baked with rosemary	Fries	Potatoes fried with vegetables	Baked potatoes	Potatoes baked with garlic and marjoram
Rice	Rice with basil pesto	Rice with egg	Jasmine rice with green peas	Rice
Buckwheat groats	Pearl barley in tomato sauce with parsley	Pearl barley with vegetables	Buckwheat groats	Pearl barley with vegetables
Pearl barley with vegetables	Bulgur groats	Buckwheat groats	Cous cous with roasted pumpkin	Barley groats with mushrooms and onion

Salads

Coleslaw with white cabbage	White cabbage salad with carrots and fresh red peppers	Dill salad with white cabbage	White cabbage salad with carrots and fresh red peppers	White cabbage salad with mint
Beetroots with onion	Beetroots with onion	Beetroots with onion	Cauliflower and broccoli salad	Beetroots with onion
Carrot and apple salad	Carrot salad with cranberries	Turnip with carrot	Carrot and apple salad	Carrot salad with cranberries
Salad With Red Cabbage With Apple	Red cabbage salad with coriander	Chinese cabbage with radish	Red cabbage salad with mayonnaise	Chinese cabbage with radish
Celery salad	Chinese cabbage salad with corn	Sauerkraut with apple and onion	Broccoli with cauliflower and cucumber in mayonnaise	Beetroot and cucumber salad
Salad With sauerkraut	Kimchi salad	Butter lettuce, radish, cucumber	Beetroots with onion	Kohlrabi with cucumber
Pickled cucumber	Pickled cucumber with pepper and French mustard	Tomatoes with onion in cream	Pickled cucumber with pepper and French mustard	Butter lettuce, radish, cucumber

Salads

Macaroni salad	Broccoli, radish and corn salad with yogurt sauce	Salad with bulgur, chickpeas, kale, peppers and corn	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Rhodes salad
gyros salad	Salad with cous cous and chickpeas	Chickpea salad with sun-dried tomatoes	Herring salad	Salad with couscous, raspberry tomatoes and mint
Beetroot salad (arugula, beetroot, cucumber, red onion, green grapes)	Salad with baked pumpkin, spinach, gorgonzola and roasted pumpkin seeds	Salad With crab sticks	Rice salad with cucumber	Thai-style rice noodle and chicken salad with peanuts
tuna salad	Salad with kale, chicken, cranberries and roasted sunflower seeds	Salad with canned peppers and pork	Caesar salad (chicken, egg, croutons)	Salad with arugula, pomegranate, cherry tomatoes and feta cheese