

# MEET & EAT.

Bistro and more

MENU 26 Week our menu at [www.meet-and-eat.pl](http://www.meet-and-eat.pl)

Monday 24/06/2024

Tuesday 25/06/2024

Wednesday 26/06/2024

Thursday 27/06/2024

Friday 28/06/2024

**Soups**

Thai tom kha kai soup with chicken  
Parsley-pear cream with kale and wholemeal croutons (veg)

Ukrainian borscht with pork  
Cream of broccoli and spinach soup (veg)

Split pea soup  
Spring soup (veg)

Cucumber soup  
Vegetable soup (veg)

Spicy fish soup  
Mushroom soup (veg)

**Meat**

Chicken fillet with sesame seeds  
Chicken leg with sweet and sour glaze  
Sautéed pork loin baked with cheese, spinach, broccoli, onion and a hint of curry  
Pork with mun mushrooms and bamboo  
Pork tortilla with garlic sauce and vegetables

Breaded pork chop with mushrooms and baked with cheese  
Chicken wings with ginger  
Indian butter chicken  
Pork Amok with bamboo  
Stuffed cabbage in tomato sauce

Cutlet a la devolay made of minced fillet with cheese and parsley  
Poultry and zucchini koftas in coconut and tomato sauce  
Pepper stuffed with meat and rice  
Chicken leg with grilled vegetables  
Roasted pork leg with bone, potatoes with skin, and warm cabbage

Pork chop baked with green beans  
Pork steak with pickled cucumber and tomato baked with cheese  
Spanish turkey escalopes  
Poultry meatballs with vegetables  
Chicken Chimichurri

Fire cutlet (poultry)  
Pasta in pesto sauce with pieces of chicken  
Chicken rolls with spinach and feta cheese  
Buritto with pork and crispy vegetables  
Kung Bao Pork

**Low fat dish**

Steamed chicken breast with lime and rosemary

Steamed turkey with vegetables

Slow-cooked chicken leg with colorful vegetables

Boiled pieces of turkey with asparagus

chicken meatballs cooked with vegetables

**Fish**

Fish in Greek  
Minced fish cutlet

Pollock fillet in golden breadcrumbs  
Tuna steak with pepperonata and herbs

Ling in panko  
Pasta with salmon, spinach and feta cheese

Tilapia in tempura  
Fish baked with tomatoes, celery and carrots

Breaded hake with sunflower seeds  
Sautéed fish with tartar sauce

**Vegan**

Mexican enchilada with lentils and vegetables (veg)  
Buckwheat kaszotto with vegetables (veg)

Baked pumpkin, sweet potatoes with Brussels sprouts and chilli (veg)  
Zucchini stuffed with vegetables

Quesadilla with lentils, corn, chilli and spinach (veg)

Cauliflower cutlet with egg (veg)  
Vegetarian cauldron with beans, lentils and vegetables (veg)

Kaszotto with baked vegetables, mushrooms and pumpkin seeds (veg)  
Falafel with kale and jalapeno



Breaded cheese  
Oriental noodles with soy sauce and vegetables (veg)  
Pancakes with cheese and banana

Oriental Kung Pao chickpeas (veg)  
Sweet rice with apples, honey and cinnamon

Chickpeas in curry sauce with zucchini and peppers  
Sweet and sour tofu with vegetables (veg)  
Waffles with fruit

Lasagna with spinach (veg)  
Thai oyster mushrooms with chow mein noodles (veg)  
Chocolate pancakes with cottage cheese and peaches

Aloo gobi (cauliflower, potatoes, tomatoes, peas)(veg)  
Chinese noodles (veg)  
Pancakes with rhubarb

Spinach  
Warm beets  
White cabbage fried with bacon  
Vegetable bouquet  
Cauliflower with breadcrumbs  
Green beans mix  
Grilled vegetables

Spinach  
Warm red cabbage with onion  
Mushrooms in cream  
Cauliflower with breadcrumbs  
Mini carrots with sesame seeds  
Broccoli  
Grilled vegetables

Broccoli and cauliflower with breadcrumbs  
White cabbage fried with tomatoes  
Mini caramelized carrots with thyme  
Broccoli in curry sauce  
Carrots with peas and breadcrumbs  
Mix of vegetables with sunflower seeds

Spinach  
Warm beets (veg)  
Carrots with peas and pumpkin  
A bouquet of vegetables with breadcrumbs and sunflower seeds  
Cauliflower with sesame seeds  
Broccoli  
Grilled vegetables

Spinach  
Fried cabbage  
Mushrooms in teriyaki sauce  
Broccoli and cauliflower with breadcrumbs  
Carrot and sesame duo  
Steamed vegetable mixture  
Grilled vegetables

**Pierogi**

Dumplings  
Fried robber dumplings

Dumplings  
Dumplings with broad beans, bacon and potatoes with sage butter

Dumplings  
Dumplings with strawberries

Dumplings  
Cepelinae with meat

Dumplings  
Dumplings with cheese and raspberries

**Accessories**

hooves  
Water potatoes with dill butter  
Ziemniaki pieczone z rozmarynem  
Buckwheat with onion  
Rice  
Pearl barley

Silesian noodles  
Mashed potatoes  
Potatoes baked with garlic and marjoram  
Turkish bulgur  
Yellow rice  
barley

Dumplings with wild garlic  
Mashed potatoes with onion and bacon  
Ziemniaki pieczone z rozmarynem  
Barley groats with green peas  
Rice with vegetables  
Buckwheat groats

Silesian noodles  
Mashed potatoes with onion  
Baked potatoes  
Turkish bulgur  
Rice with parsley pesto  
Couscous with vegetables

Gnocchi with tomato, arugula and black olive  
Potatoes from water  
Potatoes baked with garlic and marjoram  
Buckwheat with onion  
Rice  
Pearl barley with vegetables

**Pig salads**

Company salad made from Chinese cabbage  
Tomato and cucumber salad  
Coleslaw with white and red cabbage  
Beetroots with onion  
Low-salt cucumbers  
Butter lettuce with cream and radish

Cucumber and carrot kimchi  
Chinese cabbage salad with corn  
Carrot salad with cranberries  
Thai white cabbage salad  
Salad With sauerkraut  
Cucumber salad with French mustard

Coleslaw with white cabbage  
Carrots with celery  
Butter lettuce, radish, cucumber  
Cucumber salad with sour cream  
Beetroots with onion  
Pickled cucumber salad

Coleslaw with white and red cabbage  
Cucumber and radish salad  
Beetroots with onion  
Carrot with horseradish  
Chinese cabbage salad with corn  
Low-salt cucumbers

White cabbage salad with carrots and corn  
Leek and apple salad  
Tomatoes in cream  
Carrot and pineapple salad  
Korean beets  
Salad With Red Cabbage With Apple

**Salads**

Cauliflower salad  
Salad with millet, spinach, beetroot and smoked cheese

gyros salad  
Juicy salad with melon, mozzarella and cherry tomatoes

Salad with broad beans, tomato, cucumber, olives and roasted nuts  
Greek salad

Broccoli salad with egg  
Rhodes salad

Salad with broad beans, cherries and kohlrabi  
Salad with grilled chicken and peppers