

MEET & EAT.

Bistro and more

MENU 26 Week our menu at www.meet-and-eat.pl

Monday 24/06/2024

Tuesday 25/06/2024

Wednesday 26/06/2024

Thursday 27/06/2024

Friday 28/06/2024

Soups

Thai tom kha kai soup with chicken
Parsley-pear cream with kale and wholemeal croutons (veg)

Ukrainian borscht with pork
Cream of broccoli and spinach soup (veg)

Split pea soup
Spring soup (veg)

Cucumber soup
Vegetable soup (veg)

Spicy fish soup
Mushroom soup (veg)

Meat

Chicken fillet with sesame seeds
Chicken leg with sweet and sour glaze
Sautéed pork loin baked with cheese, spinach, broccoli, onion and a hint of curry
Pork with mun mushrooms and bamboo
Pork tortilla with garlic sauce and vegetables

Breaded pork chop with mushrooms and baked with cheese
Chicken wings with ginger
Indian butter chicken
Pork Amok with bamboo
Stuffed cabbage in tomato sauce

Cutlet a la devolay made of minced fillet with cheese and parsley
Poultry and zucchini koftas in coconut and tomato sauce
Pepper stuffed with meat and rice
Chicken leg with grilled vegetables
Roasted pork leg with bone, potatoes with skin, and warm cabbage

Pork chop baked with green beans
Pork steak with pickled cucumber and tomato baked with cheese
Spanish turkey escalopes
Poultry meatballs with vegetables
Chicken Chimichurri

Fire cutlet (poultry)
Pasta in pesto sauce with pieces of chicken
Chicken rolls with spinach and feta cheese
Buritto with pork and crispy vegetables
Kung Bao Pork

Low fat dish

Steamed chicken breast with lime and rosemary

Steamed turkey with vegetables

Slow-cooked chicken leg with colorful vegetables

Boiled pieces of turkey with asparagus

chicken meatballs cooked with vegetables

Fish

Fish in Greek
Minced fish cutlet

Pollock fillet in golden breadcrumbs
Tuna steak with pepperonata and herbs

Ling in panko
Pasta with salmon, spinach and feta cheese

Tilapia in tempura
Fish baked with tomatoes, celery and carrots

Breaded hake with sunflower seeds
Sautéed fish with tartar sauce

Vegan

Mexican enchilada with lentils and vegetables (veg)
Buckwheat kaszotto with vegetables (veg)

Baked pumpkin, sweet potatoes with Brussels sprouts and chilli (veg)
Zucchini stuffed with vegetables

Quesadilla with lentils, corn, chilli and spinach (veg)

Cauliflower cutlet with egg (veg)
Vegetarian cauldron with beans, lentils and vegetables (veg)

Kaszotto with baked vegetables, mushrooms and pumpkin seeds (veg)
Falafel with kale and jalapeno



Breaded cheese
Oriental noodles with soy sauce and vegetables (veg)
Pancakes with cheese and banana

Oriental Kung Pao chickpeas (veg)
Sweet rice with apples, honey and cinnamon

Chickpeas in curry sauce with zucchini and peppers
Sweet and sour tofu with vegetables (veg)
Waffles with fruit

Lasagna with spinach (veg)
Thai oyster mushrooms with chow mein noodles (veg)
Chocolate pancakes with cottage cheese and peaches

Aloo gobi (cauliflower, potatoes, tomatoes, peas)(veg)
Chinese noodles (veg)
Pancakes with rhubarb

Spinach
Warm beets
White cabbage fried with bacon
Vegetable bouquet
Cauliflower with breadcrumbs
Green beans mix
Grilled vegetables

Spinach
Warm red cabbage with onion
Mushrooms in cream
Cauliflower with breadcrumbs
Mini carrots with sesame seeds
Broccoli
Grilled vegetables

Broccoli and cauliflower with breadcrumbs
White cabbage fried with tomatoes
Mini caramelized carrots with thyme
Broccoli in curry sauce
Carrots with peas and breadcrumbs
Mix of vegetables with sunflower seeds

Spinach
Warm beets (veg)
Carrots with peas and pumpkin
A bouquet of vegetables with breadcrumbs and sunflower seeds
Cauliflower with sesame seeds
Broccoli
Grilled vegetables

Spinach
Fried cabbage
Mushrooms in teriyaki sauce
Broccoli and cauliflower with breadcrumbs
Carrot and sesame duo
Steamed vegetable mixture
Grilled vegetables

Pierogi

Dumplings
Fried robber dumplings

Dumplings
Dumplings with broad beans, bacon and potatoes with sage butter

Dumplings
Dumplings with strawberries

Dumplings
Cepelinae with meat

Dumplings
Dumplings with cheese and raspberries

Accessories

hooves
Water potatoes with dill butter
Ziemniaki pieczone z rozmarynem
Buckwheat with onion
Rice
Pearl barley

Silesian noodles
Mashed potatoes
Potatoes baked with garlic and marjoram
Turkish bulgur
Yellow rice
barley

Dumplings with wild garlic
Mashed potatoes with onion and bacon
Ziemniaki pieczone z rozmarynem
Barley groats with green peas
Rice with vegetables
Buckwheat groats

Silesian noodles
Mashed potatoes with onion
Baked potatoes
Turkish bulgur
Rice with parsley pesto
Couscous with vegetables

Gnocchi with tomato, arugula and black olive
Potatoes from water
Potatoes baked with garlic and marjoram
Buckwheat with onion
Rice
Pearl barley with vegetables

Pig salads

Company salad made from Chinese cabbage
Tomato and cucumber salad
Coleslaw with white and red cabbage
Beetroots with onion
Low-salt cucumbers
Butter lettuce with cream and radish

Cucumber and carrot kimchi
Chinese cabbage salad with corn
Carrot salad with cranberries
Thai white cabbage salad
Salad With sauerkraut
Cucumber salad with French mustard

Coleslaw with white cabbage
Carrots with celery
Butter lettuce, radish, cucumber
Cucumber salad with sour cream
Beetroots with onion
Pickled cucumber salad

Coleslaw with white and red cabbage
Cucumber and radish salad
Beetroots with onion
Carrot with horseradish
Chinese cabbage salad with corn
Low-salt cucumbers

White cabbage salad with carrots and corn
Leek and apple salad
Tomatoes in cream
Carrot and pineapple salad
Korean beets
Salad With Red Cabbage With Apple

Salads

Cauliflower salad
Salad with millet, spinach, beetroot and smoked cheese

gyros salad
Juicy salad with melon, mozzarella and cherry tomatoes

Salad with broad beans, tomato, cucumber, olives and roasted nuts
Greek salad

Broccoli salad with egg
Rhodes salad

Salad with broad beans, cherries and kohlrabi
Salad with grilled chicken and peppers