

poniedziałek 10-06-2024

wtorek 11-06-2024

środa 12-06-2024

czwartek 13-06-2024

piątek 14-06-2024

Soups

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| Split pea soup | Cabbage soup made of young cabbage with bacon | Mexican soup with beef and dark chocolate | Creamy French soup with chicken and chives | Fish soup with lime leaves |
| Dill and cucumber with rice (veg) | Tomato soup with pasta (veg) | Sopa de Tortilla (veg) | Sorrel with egg | Cream of white vegetables with truffle oil |

Meat

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| Breaded pork loin with mushrooms and baked with cheese | Chicken fillet in panco | Pożarski minced poultry cutlet | Pork steak with fried egg | Devolay with parsley butter |
| Pork meatballs in tomato sauce | Homemade stuffed cabbage rolls in tomato sauce | Carnitas - Crispy pork in a tortilla with onion, salsa and cilantro | Breaded chicken cordon blue | Ribs in BBQ sauce |
| Roast pork in green pepper sauce | Pork loin saltimbocca | Tacos al Pastor - Corn tortillas with marinated pork, pineapple, onion, cilantro and salsa | Pork kofta with mint, feta and pomegranate | Honey chicken with carrots |
| Chicken tenderloin in cream and leek sauce | Pork tenderloin in mushroom sauce | Cooked turkey pieces with fresh spinach and a mixture of roasted grains | Grilled poultry tenderloin with vegetables and basil pesto | Chicken with vegetables in Hoisin sauce |
| Poultry shawarma with onion and mushrooms | Chicken in curry sauce with coconut milk | Chiles en Nogada (peppers stuffed with meat) | Glazed duck leg | Minced cutlet with caramelized onion |

Fit dish

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| Chicken strips with cornflakes | Roasted chicken with baby carrots caramelized in honey and sesame | Beef fajitas | Roast pork with cherry sauce | Penne pasta with bacon and green asparagus |
| Chicken tenderloin in broth with colorful vegetables | Slow-cooked beef in broth with colorful vegetables | Boiled chicken fillet in broth with colorful vegetables | Boiled turkey fillet in broth with colorful vegetables | Boiled chicken fillet in broth with colorful vegetables |

Fish

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| Miruna baked in cream and tarragon sauce | Steamed tilapia with vegetables and baked with cheese | Pescado a la Veracruzana (fish in tomatoes) | Tuna steak in caper sauce | Cod meatballs in dill and lemon sauce |
| Breaded cod with almonds | Pollock in crispy breadcrumbs | Cod in pancake batter | Miruna breaded with herbs | Pollock in crispy breadcrumbs |

Vegan

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| Zucchini lecho in tomatoes (veg) | Barley soup with pumpkin, kale and celery | Spicy Brussels sprouts with carrots (veg) | Falafel in crispy tortilla (veg) | Baked beets with carrots and almonds (veg) |
| Bulgur pilaf with roasted vegetables | Pan-fried potatoes with cheese and mushrooms in cream sauce (veg) | Vegan Mexican albondigas meatballs | Sicilian caponata with eggplant, tomatoes, olives and capers (veg) | Curry with chickpeas, sweet potatoes and spinach (veg) |



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| Beetroot millet cutlet with ginger | Croquettes with spinach and cheese | Vegetarian enchiladas | Curry with mushrooms, sugar snap peas | Egg cutlets with chives (veg) |
| Vegetarian burger with breaded cheese and vegetables (veg) | Mushrooms baked with lentils and tomatoes | Vegetable goulash with sweet potatoes, beans and chickpeas | Toffee breaded cutlet (veg) | Chickpea tagine with vegetables (veg) |
| Spring rolls with vegetables (veg) | Breaded cheese with cranberries (veg) | Grilled vegetables with herbs | Pasta casserole with mozzarella and vegetables (veg) | Potato casserole with vegetables (veg) |
| Waffles with fruit (veg) | Chocolate pancakes with strawberry cheese | Pancakes with white cheese and raisins (veg) | Pancakes with cheese and blueberries (veg) | Apples with strawberries and rhubarb with crumble (veg) |
| Spinach | Spinach | Spinach | Spinach | Spinach |
| Mushrooms in cream | Mushrooms in teriyaki sauce | Fried beets | Mushrooms in cream | Broccoli in curry sauce |
| White cabbage fried with bacon | Carrots with peas | Fried sauerkraut | Fried red cabbage | Mushrooms in cheese sauce |
| Broccoli and cauliflower with sunflower seeds | Brussels sprouts | Vegetable bouquet | Broccoli and cauliflower with sunflower seeds | Vegetable bouquet |
| Vegetable bouquet | Cauliflower with broccoli and roasted pumpkin | Carrot duo with garlic butter | Vegetable bouquet | Cauliflower with breadcrumbs |
| Carrot with sesame seeds | Steamed vegetable mixture | Yellow beans with breadcrumbs | Yellow beans with breadcrumbs | Carrot duo with linseed |

Dumplings

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| Dumplings | Dumplings | Dumplings | Dumplings | Dumplings |
| Dumplings with broccoli | Dumplings with strawberries | Epanadas with corn, cheese and coriander | Dumplings With Strawberries | Dumplings with spinach |

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| Silesian noodles | hooves | Spinach dumplings | Silesian noodles | Silesian dumplings with dried tomatoes |
| Mashed potatoes with carrots | Water potatoes with dill butter | Water potatoes with dill butter | Mashed potatoes | Mashed potatoes with carrots |
| Potatoes baked with garlic and marjoram | Potatoes baked with rosemary | Potatoes baked with garlic and marjoram | Baked potatoes | Couscous with vegetables |
| Rice with basil pesto | Rice | Rice | Jasmine rice with green peas | Barley groats with mushrooms and onion |
| Pearl barley in tomato sauce with parsley | Buckwheat groats | Pearl barley with vegetables | Buckwheat groats | Rice with egg |
| Bulgur groats | Pearl barley with vegetables | Barley groats with mushrooms and onion | Cous cous with roasted pumpkin | Buckwheat groats |

Salads

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| White cabbage salad with mint | White cabbage salad with carrots and fresh red peppers | White cabbage salad with carrots and dill | White cabbage salad with carrots | White turnip salad with apple |
| Beetroots with onion | Salad with leek and corn | Mizzeria with cream | Chinese cabbage with radish | Salad with young cabbage, pickled cucumber, red onion, tomato and dill |
| Carrot salad with cranberries | Butter lettuce with cream and radish | Mexican corn salad (esquites) | Sauerkraut with apple and onion | Kimchi salad |
| Cucumber salad with sour cream | Salad With Red Cabbage With Apple | Salad with Chinese cabbage, peppers and mango | Carrot salad with apple in cream | Mizzeria with cream |
| Celery salad with raisins | Tomatoes with onion | Beetroots with onion | Butter lettuce with cream and radish | Beetroots with onion |
| Low-salt cucumbers | Low-salt cucumbers with french mustard and chili | Low-salt cucumbers | Pickled cucumber | Low-salt cucumbers |

Salads

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| Mix of lettuces with feta cheese, tomato and cucumber | Salad with grilled zucchini, arugula and cherry tomatoes | Mexican salad (leek, corn, pineapple, red beans, peppers, yellow cheese, mayonnaise) | Salad with baked pumpkin, spinach, gorgonzola and roasted pumpkin seeds | Salad with corn salad, iceberg lettuce, pear, melon, and chives |
| Watermelon and tomato salad | Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese) | Fajita salad with grilled chicken and peppers | Rhodes salad | Salad with grilled zucchini, arugula and cherry tomatoes |