

MENU Week 23 our menu at www·meet-and-eat·pl

	poniedziałek 03-06-2024	wtorek 04-06-2024	środa 05-06-2024	czwartek 06-06-2024	piątek 07-06-2024
	Kurpnik with smoked millet	White borscht with egg and sausage	Sorrel soup with ribs	Warsaw-style beef tripe	Fish soup
Soups	Spring soup with green asparagus (veg)	Cream soup with baked vegetables (veg)	Creamy young carrot soup with almond milk (veg)	Spinach soup with blue cheese (veg)	Mushroom soup (veg)
Meat	Traditional pork chop in lard/Grilled pork steak	Parisian chicken fillet with parsley/ Chicken strips in cornflakes	Devolay with truffle paste/ Crispy poultry tenderloin	Breaded pork chop / Pork steak with onion	Turkey fillet in panco / Fire cutlet
	Baked chicken leg	Pieces of pork neck in cream baked with onion, mushrooms and peppers	Ribs baked in mustard sauce	Beef burger with cheddar cheese, bacon, BBQ and vegetables	Chicken in honey mustard sauce
	Chicken tenderloin in teriyaki sauce	Tortilla with grilled chicken and vegetables	Chicken with bamboo and green beans	Grilled chicken with strawberries and balsamic sauce	Pork neck baked in horseradish sauce
	Pork chops in their own sauce	Pork with mun mushrooms	Chicken fillet in mushroom sauce	Pork in oyster sauce	Pasta a la carbonara
Fit dish	Boiled chicken fillet in broth with vegetables	Boiled turkey fillet in broth with colorful vegetables	Slow-cooked beef in broth with colorful vegetables	S Chicken tenderloin in broth with colorful vegetables	Steamed salmon with vegetables (Kcal 170/100
Fish	Fish cutlet with zucchini and cheese	Tilapia breaded in panko	Breaded cod with almonds	Halibut baked in herbs with strawberry and feta cheese salsa	Pollock in golden breadcrumbs
	Sautéed fish with jalapeno dip	Drummer baked with spinach and cheese	Fish in green curry	Cod in beer batter	Miruna in lemon sauce
Vegan	Aromatic Thai curry with cauliflower (veg)	Aloo Gobi (veg)	Pella with vegetables (veg)	Falafel with beetroot in a crispy tortilla with vegetables	Tofu in black pepper sauce (veg)
		Kaszotto with beetroot and vegetables (veg)	Sweet potatoes baked with rosemary (veg)		
	Breaded Camembert with cranberry sauce (veg)	Tofu in sweet and sour sauce (veg)	Vegetable cutlet (veg)	Pasta with strawberries and cream	Tagliatelle with cream sauce and asparagus (ve
	Oriental pasta with vegetables (veg)	Gnocchi in cream sauce with asparagus (veg)	Pasta in cream sauce with dried tomatoes (veg)	Zucchini and pepper leccho (veg)	Vegetable cutlet with beetroot (veg)
	Cheese pancakes with raisins and nuts	Fried rice with vegetables (veg)	Schiacciata quttro formagi with asparagus (veg)	Pancakes with cheese and strawberries	Lazy dumplings
	-	Waffles with fruit (veg)	Pancakes With Apple		
	Spinach	Spinach	Spinach	Spinach	Spinach
	Mushrooms in soy sauce	Mini carrots in orange sauce	Mushrooms in teriyaki sauce	Young cabbage fried with bacon	Mushrooms in cream
	Warm beets Broccoli and cauliflower with sunflower seeds	Fried young cabbage Vegetable bouquet	Carrots with peas Brussels sprouts	Warm beets Broccoli with sunflower seeds	Beans in tomatoes Green Beans
	Vegetable bouquet	Cauliflower	Carrot duo	Cauliflower with breadcrumbs	Broccoli
	Carrot with sesame seeds	Yellow beans with breadcrumbs	Steamed vegetable mixture	Mini carrots	Vegetable mix
Dumplings	Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
	Dumplings with meat	Dumplings with white cheese and dried fruit	Dumplings with groats, bacon and mushrooms	Dumplings with strawberries	Pelmeni with meat
Accessories	hooves	Silesian noodles	Beetroot dumplings	Silesian noodles	Dumplings with sage butter
	Water potatoes with dill butter	Mashed potatoes	Potatoes from water	Mashed potatoes	Water potatoes with dill butter
	Potatoes baked with rosemary	Potatoes baked with garlic	Baked potatoes with sage	Fries	Potatoes baked with garlic and marjoram
	Rice	Yellow rice	Rice	Rice with basil pesto	Rice
	Buckwheat groats	Bulgur groats	barley	Buckwheat groats	Pearl barley with vegetables
	Pearl barley with vegetables	cous cous	Buckwheat groats	Turkish bulgur	Buckwheat with mushrooms and onion
Pig salads	Young shredded cabbage with dill	Chinese cabbage salad with kale, green cucumbe and chives	r Dill salad	Salad with white cabbage, leek, apple and carrot	Salad with Chinese cabbage, kohlrabi, red onio pepper
	Carrot salad with horseradish and raisins in	Salad with cabbage, pickled cucumber, red onion tomato and dill	' Leek and carrot salad with apple in sour cream	Low-salt cucumbers with French mustard and chill	
	cream Carrot salad with cranberries	Carrot salad with peach and apple	Red beetroot salad with yogurt	Carrot and apple salad	Leek and pea salad
	Red cabbage salad with onion and mayonnaise	Beetroot and cucumber salad	Chinese cabbage salad with corn	Red cabbage salad with cucumber, dill and onion	Butter lettuce, radish, cucumber
	Celery salad	Salad with white cabbage, leek, apple and carrot	Coleslaw with young cabbage	Red beetroot salad with onion	Beetroot and cucumber salad
	Kimchi salad	Cucumber soup with dill cream	Salad with cream	Kimchi salad	Thai cucumber salad
	Pickled cucumber	Pickled cucumber	Pickled cucumber	Pickled cucumber	Pickled cucumber
Salads	Macaroni salad	Broccoli, radish and corn salad with yogurt sauce	Salad with bulgur, chickpeas, kale, peppers and corn	Watermelon and arugula salad with grilled halumi cheese and strawberry dressing	Rhodes salad
	gyros salad	Salad with cous cous and chickpeas	Chickpea salad with sun-dried tomatoes	Herring salad	Salad with couscous, raspberry tomatoes and r Thai-style rice noodle and chicken salad with
	Beetroot salad (arugula, beetroot, cucumber, red		Salad With crab sticks	Strawberry and asparagus salad (lettuce, corn	
	onion, green grapes)	peppers, corn and cheese Salad with kale, chicken, cranberries and roasted		salad, cucumber, yogurt sauce, sunflower seeds)	peanuts
	tuna salad	sunflower seeds	Salad with canned peppers and pork	Caesar salad (chicken, egg, croutons)	Salad with crab sticks and celery