

MEET & EAT.

Bistro and more

MENU Week 24 our menu at www.meet-and-eat.pl

10.06.2024

11.06.2024

12.06.2024

13.06.2024

14.06.2024

Soups

Split pea soup	Cabbage soup made of young cabbage with bacon	Mexican soup with beef and dark chocolate	Creamy French soup with chicken and chives	Fish soup with lime leaves
Dill and cucumber with rice (veg)	Tomato soup with pasta (veg)	Sopa de Tortilla (veg)	Sorrel with egg	Cream of white vegetables with truffle oil

Meat

Breaded pork loin with mushrooms and baked with cheese	Chicken fillet in panco	Pożarski minced poultry cutlet	Pork steak with fried egg	Devolay with parsley butter
Pork meatballs in tomato sauce	Homemade stuffed cabbage rolls in tomato sauce	Carnitas - Crispy pork in a tortilla with onion, salsa and cilantro	Breaded chicken cordon blue	Ribs in BBQ sauce
Roast pork in green pepper sauce	Pork loin saltimbocca	Tacos al Pastor - Corn tortillas with marinated pork, pineapple, onion, cilantro and salsa	Pork kofta with mint, feta and pomegranate	Honey chicken with carrots
Chicken tenderloin in cream and leek sauce	Pork tenderloin in mushroom sauce	Cooked turkey pieces with fresh spinach and a mixture of roasted grains	Grilled poultry tenderloin with vegetables and basil pesto	Minced cutlet with caramelized onion
Poultry shawarma with onion and mushrooms	Roasted chicken with baby carrots caramelized in honey and sesame	Chiles en Nogada (peppers stuffed with meat)	Glazed duck leg	Penne pasta with bacon and green asparagus

Fit dish

Chicken strips with cornflakes	Poultry tenderloin in spinach sauce	Beef fajitas	Roast pork with cherry sauce	Poultry tenderloin in mushroom sauce
Chicken tenderloin in broth with colorful vegetables	Slow-cooked beef in broth with colorful vegetables	Boiled chicken fillet in broth with colorful vegetables	Boiled turkey fillet in broth with colorful vegetables	Boiled chicken fillet in broth with colorful vegetables

Fish

Miruna baked in cream and tarragon sauce	Steamed tilapia with vegetables and baked with cheese	Pescado a la Veracruzana (fish in tomatoes)	Tuna steak in caper sauce	Cod meatballs in dill and lemon sauce
Breaded cod with almonds	Pollock in crispy breadcrumbs	Cod in pancake batter	Miruna breaded with herbs	Pollock in crispy breadcrumbs

Vegan

Zucchini lecho in tomatoes (veg)	Barley soup with pumpkin, kale and celery	Spicy Brussels sprouts with carrots (veg)	Falafel in crispy tortilla (veg)	Baked beets with carrots and almonds (veg)
Bulgur pilaf with roasted vegetables	Pan-fried potatoes with cheese and mushrooms in cream sauce (vegan)	Vegan Mexican albondigas meatballs	Sicilian caponata with eggplant, tomatoes, olives and capers (veg)	Curry with chickpeas, sweet potatoes and spinach (veg)



Beetroot millet cutlet with ginger	Croquettes with spinach and cheese	Vegetarian enchiladas	Kaszotto with mushrooms and onion	Egg cutlets with chives (veg)
Vegetarian burger with breaded cheese and vegetables (veg)	Mushrooms baked with lentils and tomatoes	Vegetable goulash with sweet potatoes, beans and chickpeas	Toffee breaded cutlet (veg)	Chickpea tagine with vegetables (veg)
Grilled vegetables with herbs	Breaded cheese with cranberries (veg)	Grilled vegetables with herbs	Pasta casserole with mozzarella and vegetables (veg)	Potato casserole with vegetables (veg)
Waffles with fruit (veg)	Chocolate pancakes with strawberry cheese	Pancakes with white cheese and raisins (veg)	Pancakes with cheese and blueberries (veg)	Apples with strawberries and rhubarb with crumble (veg)
Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms in cream	Mushrooms in teriyaki sauce	Fried beets	Mushrooms in cream	Broccoli in curry sauce
White cabbage fried with bacon	Carrots with peas	Fried sauerkraut	Fried red cabbage	Mushrooms in cheese sauce
Broccoli and cauliflower with sunflower seeds	Brussels sprouts	Vegetable bouquet	Broccoli and cauliflower with sunflower seeds	Vegetable bouquet
Vegetable bouquet	Cauliflower with broccoli and roasted pumpkin	Carrot duo with garlic butter	Vegetable bouquet	Cauliflower with breadcrumbs
Carrot with sesame seeds	Steamed vegetable mixture	Yellow beans with breadcrumbs	Yellow beans with breadcrumbs	Carrot duo with linseed

Dumplings

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Dumplings with broccoli	Dumplings with strawberries	Epanadas with corn, cheese and coriander	Dumplings With Strawberries	Dumplings with spinach

Silesian noodles	hooves	Spinach dumplings	Silesian noodles	Silesian dumplings with dried tomatoes
Mashed potatoes with carrots	Water potatoes with dill butter	Water potatoes with dill butter	Mashed potatoes	Mashed potatoes with carrots
Potatoes baked with garlic and marjoram	Potatoes baked with rosemary	Potatoes baked with garlic and marjoram	Baked potatoes	Couscous with vegetables
Rice with basil pesto	Rice	Rice	Jasmine rice with green peas	Barley groats with mushrooms and onion
Pearl barley in tomato sauce with parsley	Buckwheat groats	Pearl barley with vegetables	Buckwheat groats	Rice with egg
Bulgur groats	Pearl barley with vegetables	Barley groats with mushrooms and onion	Cous cous with roasted pumpkin	Buckwheat groats

Salads

White cabbage salad with mint	White cabbage salad with carrots and fresh red peppers	White cabbage salad with carrots and dill	White cabbage salad with carrots	White turnip salad with apple
Beetroots with onion	Salad with leek and corn	Mizzeria with cream	Chinese cabbage with radish	Salad with young cabbage, pickled cucumber, red onion, tomato and dill
Carrot salad with cranberries	Butter lettuce with cream and radish	Mexican corn salad (esquites)	Sauerkraut with apple and onion	Kimchi salad
Cucumber salad with sour cream	Salad With Red Cabbage With Apple	Salad with Chinese cabbage, peppers and mango	Carrot salad with apple in cream	Mizzeria with cream
Celery salad with raisins	Tomatoes with onion	Beetroots with onion	Butter lettuce with cream and radish	Beetroots with onion
Low-salt cucumbers	Low-salt cucumbers with french mustard and olive oil	Low-salt cucumbers	Pickled cucumber	Low-salt cucumbers

Salads

Mix of lettuces with feta cheese, tomato and cucumber	Salad with grilled zucchini, arugula and cherry tomatoes	Mexican salad (leek, corn, pineapple, red beans, peppers, yellow cheese, mayonnaise)	Salad with baked pumpkin, spinach, gorgonzola and roasted pumpkin seeds	Salad with corn salad, iceberg lettuce, pear, melon, and chives
Watermelon and tomato salad	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Fajita salad with grilled chicken and peppers	Rhodes salad	Salad with grilled zucchini, arugula and cherry tomatoes