

**Monday 01/07/2024**

**Tuesday 02/07/2024**

**Wednesday 03/07/2024**

**Thursday 04/07/2024**

**Friday 05/07/2024**

**Soups**

Sorrel soup with ribs	Soup with ham, green peas and vegetables	Homemade chicken soup with poured dumplings and vegetables	Gypsy soup with sausage	Fish with smoked mackerel with milk and peas (veg)
Creamy cheese soup with roasted sunflower seeds (veg)	Tomato soup with pasta (veg)	Fennel and celery soup with an orange note (veg)	Beetroot and red lentil soup with a hint of sour cream	Mushroom soup (veg)

**Mains**

Hawaiian style chicken fillet	Pork chop	Parisian fillet	Pork steak with zucchini and peppers baked with cheese	Crispy chicken tenders
Chicken legs in an aromatic marinade with yogurt	Poultry roulade in caper sauce	Pork medallions stewed in leeks	Hot dog with sausage, cabbage in mayonnaise and roasted onion	Pork neck baked with honey and garlic
Mao bacon with vegetables	Chicken drumsticks in spicy sambal marinade	Chicken pockets stuffed with spicy salami in tomato and olive sauce	General Tso's Chicken	Chicken in spinach sauce
Poultry gyros with onion, mushrooms and peppers	Tortilla with pulled pork and crispy vegetables	Roast pork with cherry and mint sauce	Hot dog with pulled pork and caramelized onion	Spaghetti bolognese
Hungarian pork goulash	Oriental duck, ginger, bamboo shoots, peanuts with noodles	Crispy drumstick with mayonnaise and ketchup marinade	Pork meatballs in dill sauce	Oriental pork with lemongrass
Tandoori chicken with coriander	Pork kofta with mint	Pasta with chicken, cauliflower and peas in cheddar sauce	Carbonara pasta with zucchini	Delicate chicken liver with apple and red currant

**Low fat dish**

Steamed pieces of turkey with zucchini and mushrooms	Fit chicken fillet with steamed vegetables and green rice	Chicken fillet stewed with zucchini, tomatoes and basil	Chicken meatballs in broth	Steamed turkey with vegetables
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**Fish**

Breaded cod with almonds	Tilapia in herb dough	Halibut baked with spinach	Cod in tomato sauce	Cod meatballs in dill and lemon sauce
Fish in beer batter	Miruna baked with tomato and green pesto	Fish stewed in vegetable ragout with olives	Hot dog with cod and tartar sauce	Pollock in crispy breadcrumbs

**Vegan**

Pumpkin and chickpea curry with potatoes and coriander (veg)	Mexican enchilada with lentils and vegetables (veg)	Mexican-style stuffed sweet potatoes with guacamole and pomegranate (veg)	Sweet Chilli Tofu	Barley soup with pumpkin, kale and celery
Stuffed peppers with buckwheat, mushrooms and eggplant in tomato sauce (veg)	Tofu in black pepper sauce (veg)	Celery and kale cutlets (veg)	Hot dog with vegan sausage and peanut sauce	Greek eggplant baked with feta cheese



Lentil cutlets	Kaszotto with dried tomatoes, mushrooms and parsley (veg)	Nelson-style potato casserole with mushrooms, egg and onion (veg)	Cauliflower cutlets	Beetroot cutlets with tartar sauce
Pasta with spinach and gorgonzola cheese	Gyoza dumplings with vegetables (veg)	Chickpea falafel with tomato and pepper sauce	Lentil meatballs in tomato sauce	Ratatouille
Zucchini and pepper leccho with beans (veg)	Pancake with vegetables baked with yellow cheese (veg)	Tortilla cake with vegetables (veg)	Oriental pasta with vegetables	Gnocchi in spinach sauce (veg)
Pancakes with cheese and raspberries	Kefir pancakes with fruit	Chocolate pancakes with cheese and cherries	Yeast pancakes with strawberry and rhubarb mousse	Sponge cakes with banana

Spinach	Spinach	Spinach	Spinach	Spinach
Green lentils with peas and dried tomatoes	Warm beets	Mushrooms in teriyaki sauce	Spinach	Mushrooms in cream
Fried red cabbage	Warm young cabbage with colorful peppers	Fried young cabbage	Beetroots in balsamic sauce	Warm beets
Broccoli with cauliflower and corn	A bouquet of vegetables with breadcrumbs and sunflower seeds	Mini caramelized carrots with thyme	Mushrooms in red curry sauce	Broccoli and cauliflower with sunflower seeds
Glazed carrot	Carrot with peas	Brussels sprouts	Broccoli with sunflower seeds	Vegetable bouquet
Green beans mix	Broccoli	Corn with garlic butter	Cauliflower with breadcrumbs	Yellow beans with breadcrumbs
Grilled vegetables	Turkish grilled vegetables	Mix of vegetables with sunflower seeds	Carrot duo with linseed	Grilled vegetables

**Dumplings**

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Dumplings with cabbage and mushrooms	Dumplings with cheese and raspberries	Dumplings with meat	dumplings with plums	Pelmeni with meat

**Others**

hooves	Silesian noodles	Pumpkin dumplings with sage butter	Silesian noodles	hooves
Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Mashed potatoes with onion	Water potatoes with dill butter
Potatoes baked with rosemary	Potatoes baked with garlic and marjoram	Potatoes baked with rosemary	Baked potatoes	Potatoes baked with garlic and marjoram
Buckwheat with onion	Millet with asparagus, dried tomatoes and feta cheese (veg)	Rice with egg	Turkish bulgur	Rice
Rice	Yellow rice with corn, carrots and peas	Pearl barley with vegetables	Rice with parsley pesto	Pearl barley with vegetables
Pearl barley	Bulgur groats	Buckwheat groats	Couscous with vegetables	Barley groats with mushrooms and onion

**Salads**

Young shredded cabbage with dill	Chinese cabbage salad with kale, green cucumber and chives	Coleslaw with white cabbage	Coleslaw with white and red cabbage	Salad with Chinese cabbage, kohlrabi, red onion and pepper
Tomato and cucumber salad	Salad with pickled cucumber, peppers and red onion	Carrots with celery	Cucumber and radish salad	Red cabbage salad with cucumber, dill and onion
Salad with white and red cabbage, carrots, corn and leek	Cauliflower coleslaw	Butter lettuce, radish, cucumber	Beetroots with onion	Tomatoes in cream
Beetroots with onion	Beetroot and cucumber salad with sunflower seeds	Tomatoes in cream	Carrot with horseradish	Carrot and pineapple salad
Low-salt cucumbers	Cucumber salad with sour cream	Beetroots with onion	Chinese cabbage salad with corn	Korean beets
Butter lettuce with cream and radish	Low-salt cucumbers	Pickled cucumber salad	Low-salt cucumbers	Kohlrabi and cucumber salad

**Salads**

Pasta salad with gooseberries	gyros salad	Salad with broad beans, zucchini and mozzarella	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Caesar salad with broccoli
Chicken and avocado salad	Caprese salad	Greek salad	Herring salad	Salad with chicken, orange and celery