

MENU 28 Week our menu at www·meet-and-eat·pl

	Monday 08/07/2024	Tuesday 09/07/2024	Wednesday 10/07/2024	Thursday 11/07/2024	Friday 12/07/2024	
	Cheese leek soup with meat	Aromatic Indian soup with red lentils and chicken Zamość-style tripe		Garlic soup with cheese and bacon	Fish soup with lime leaves	
Soups	Brussels sprouts soup (veg)	Spinach cream with feta cheese (veg) Spring soup (veg)		Botwinka	Onion soup (veg)	
	Chicken fillet breaded with nuts	Pork chop in thyme breadcrumbs	Chicken fillet breaded with linseed	Pork steak with pickled cucumber and tomato baked with cheese	Chicken fillet breaded in cornflakes	
	Poultry liver with onion and chanterelles	Chicken kebab	Meksykańskie chilli wołowe	Bacon baked in the old Polish style	Minced cutlet with mushrooms and yellow chees	
Mains	Pork in caramel with black currant	Tagliatelle with chicken and broccoli	Chicken chops with vegetables	Chicken Sechuan	Highlander style ribs in sauerkraut	
	Indian butter chicken	Pork stewed with onion in tomato sauce	Baked pork loin in juniper-rosemary marinade with chanterelle sauce with a hint of chili	Chickenburger	Grilled pork neck with onion	
	Bavarian meatballs	Bacon with Thai basil	Pork meatballs in Napoli sauce baked with cheese	e Baked wings with sweet and spicy glaze	Japanese Karaage Chicken with crispy vegetabl	
	Tenderloin in cheese sauce with salami	Chicken leg in honey and lemon marinade	Poultry stomachs in horseradish sauce	Pasta in chanterelle sauce with chicken	Chicken fajitas in a tortilla	
Low fat dish	Steamed chicken breast with lime and rosemary	Chicken fillet stewed with capers	Boiled turkey breast with peppers and onion	Steamed pork chops with vegetables	Steamed turkey with vegetables	
Fish	Cod baked with beetroot and feta cheese	Breaded hake with sesame seeds	Salmon in lemon sauce	Pollock breaded with roasted onion and baked with cheese	Fish & chips	
	Ling in panko	Hungarian fish	Fish cutlet with zucchini and cheese	Tilapia a la caprese	Hake baked with beetroot and feta cheese	
Vegan	Baked chickpeas with peppers (veg)	Tofu with spinach curry sauce (veg)	Ratatouille	Aromatic thai curry with cauliflower (veg)	Vegetable fries (Sweet potato, celery, carrot)	
	Mexican tortilla with rice, beans, corn and lentils (veg)	Spring rolls with vegetables (veg)	Lentil cutlets with vegetables and amaranth (veg)	Sicilian caponata with eggplant, tomatoes, olives and capers (veg)	Baked chickpeas with peppers (veg)	
	Cauliflower breaded in sweet chili sauce (veg)	Łazanki with forest mushrooms and parsley (veg)	Quesadilla with lentils, corn, chilli and spinach (veg)	Broccoli and rice cutlets with sunflower seeds and corn	Beetroot cutlets with tartar sauce	
	Tom Yum fried rice (veg)	Breaded eggplant (veg)	Buckwheat kaszotto with chanterelles	Gnocchi with dried tomatoes, spinach and parmesan (veg)	Breaded cheese with strawberry mousse (veg)	
	Bakłażan z pastą z bobu i chili (veg)	Fried tofu in sriracha sauce (spicy) (veg)	Oriental pasta with vegetables	Fish in Thai	Indian Muttar tofu (veg)	
	Pancakes with cheese and strawberries	Pancakes with raspberries	Apples in sponge cake	Pancakes with cottage cheese and berries	Cheese pancakes with apple	
	Spinach Corn with garlic butter	Spinach Carrot and sesame duo	Spinach Mushrooms in teriyaki sauce	Spinach Blue cabbage	Spinach Mushrooms in cream	
	Fried young cabbage	Mushrooms in cream	Carrot with peas	Beetroots in balsamic sauce	Brussels sprouts caramelized in sweet chili an	
	Vegetable bouquet	A bouquet of vegetables with breadcrumbs and	Steamed vegetable mixture	Broccoli with sunflower seeds	A mixture of oriental vegetables with black ses	
	Cauliflower with breadcrumbs	sunflower seeds Carrot with peas	Carrot and sesame duo	Vegetable bouquet	Carrot duo with linseed	
	Green beans mix	Broccoli	Broccoli and cauliflower with sunflower seeds Vegetable fries (beetroot, parsnip, carrot) with	Cauliflower with breadcrumbs	Yellow beans with breadcrumbs	
	Grilled vegetables	Turkish grilled vegetables	cheese sauce	Italian-style grilled vegetables	Grilled vegetables	
Dumplings	Dumplings	Dumplings	Dumplings	Dumplings	Dumplings	
Dumpnings	Dumplings with duck and plums	Dumplings with spinach	Dumplings with berries	Fried robber dumplings	Dumplings with salami, olives and capers	
Others	Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Potatoes baked with broad beans	Water potatoes with dill butter	
	Potatoes baked with garlic and marjoram	Italian style potatoes (veg)	Mashed potatoes	Potatoes baked with garlic and marjoram	Potatoes baked with garlic and marjoram	
	Buckwheat with onion	Barley groats with mushrooms and onion	Rice with parsley pesto	Turkish bulgur	Rice	
	Tandoori rice	Wild rice	Couscous with vegetables	Yellow rice	Bulgur with tomatoes and mint	
Salads	Pearl barley	Buckwheat groats	Buckwheat with onion	Pearl barley	Buckwheat groats	
	Young shredded cabbage with dill	Chinese cabbage salad with leek	Carrots with celery	Coleslaw with young cabbage	Salad with crab sticks and celery	
	Tomato and cucumber salad Red beetroot salad with onion	Carrot salad with apple in cream Tomatoes with onions	Cucumber salad with sour cream Coleslaw with white and red cabbage	Cucumber and radish salad Kohlrabi salad with peppers	Green bean salad with radishes Tomatoes in cream	
	Cucumber and carrot kimchi	Red cabbage salad with carrots and raisins	Chinese cabbage salad with mini corn cobs	Cucumber salad with sour cream	Salad with young cabbage, carrot, dill and app	
	Low-salt cucumbers	White turnip salad with bamboo shoots	Beetroots with onion	Chinese cabbage salad with corn	Cucumber salad with French mustard	
	Butter lettuce with cream and radish	Beetroot salad with sunflower seeds	Broccoli and cauliflower salad with mayonnaise	Low-salt cucumbers	Chinese cabbage salad with kale, green cucum and chives	
Salads	Watermelon and tomato salad	Summer salad	Salad with broad beans, zucchini and mozzarella	Sea salad with tuna	Macaroni salad	
	Salad with couscous, raspberry tomatoes and	Rhodes salad	gyros salad	Chicken and avocado salad	Salad with arugula, orange, roasted nuts in ho	

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