

Monday 22/07/2024

Tuesday 23/07/2024

Wednesday 24/07/2024

Thursday 25/07/2024

Friday 26/07/2024

Soups

Cauliflower (veg)	Ukrainian borscht (veg)	Tomato soup with pasta (veg)	Sorrel with egg (veg)	Fish soup with tomatoes
Potato soup with bacon	Sour soup with ribs	White borscht with sausage and potatoes	Oriental duck broth with wheat noodles	Bean

Mains

Chicken breast schnitzel in almonds	Pork chop	Grilled chimichurri chicken fillet	Pork loin with fried egg	Crispy chicken tenders
Gypsy chicken with plum	Poultry roulade in caper sauce	Pork meatballs in tomatoes baked with mozzarella	Pork rump steak with onion	Roasted pork neck with green pepper sauce
Pork chops in horseradish sauce	Chicken drumsticks in spicy sambal marinade	Sesame chicken bites	Poultry roulade with dried tomatoes and feta cheese	Poultry fillet stuffed with vegetables in leek sauce
Poultry gyros with onion, mushrooms and peppers	Homemade stuffed cabbage rolls in tomato sauce	Roast pork with soy sauce, honey and garlic	Delicate chicken liver with apple and red currant	Spaghetti bolognese
Braised pork in curry sauce	Żeberka w sosie singapurskim BBQ	Peking duck with fried chow mein noodles and vegetables	Chicken leg with tomatoes and peppers	Chicken Curry Sauce
Crispy chicken leg with coriander and lime	Pork kofta with mint	Potato baba with bacon and sausage	Carbonara pasta with zucchini	Pork loin in puff pastry a la Wellington

Low fat dish

Steamed pieces of turkey with zucchini and mushrooms	Chicken fillet in salsa sauce	chicken meatballs cooked with vegetables	Poultry kebab with onion, peppers and zucchini	Steamed turkey with vegetables
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Fish

Cod stewed with zucchini and peppers	Tilapia in herb dough	Breaded hake with sunflower seeds	Tilapia in herb dough	Fish & chips
Pollock fillet in golden breadcrumbs	Fishballs with nuts	Fish stewed in vegetable ragout with olives	Tuna steak with pepperonata and herbs	Salmon baked with zucchini and blue cheese

Vegan

Falafel in crispy tortilla (veg)	Potato and broccoli casserole (veg)	Quesadilla with lentils, corn, chilli and spinach (veg)	Rice meatballs in tomato sauce (veg)	Barley soup with pumpkin, kale and celery
Young cabbage pancakes (veg)	Tofu in black pepper sauce (veg)	Bigos with oyster mushrooms and forest mushrooms	Potato pancake with green lentil goulash, tomatoes and peppers	Zucchini stuffed with vegetables (veg)



Gnocchi with tomato, arugula and black olive	Croquette with mushrooms and yellow cheese (veg)	Vegetarian lasagne a la bolognese with lentils and vegetables (veg)	Falafel with tahini yogurt sauce (veg)	Grilled vegetables with smoked cheese (veg)
Vegetarian cauldron with beans, lentils and vegetables (veg)	tortilla cake with vegetables	Baked peppers stuffed with groats and mushrooms (veg)	Pasta in cream and chanterelle sauce (veg)	Aromatic thai curry with cauliflower (veg)
Potato cutlets with chanterelles in cream (veg)	Eggplant stuffed with pearl barley, pesto and vegetables	Pumpkin and chickpea curry with potatoes and coriander (veg)	Red cabbage and carrot cutlets (veg)	Lasagne with spinach and pumpkin (veg)
Chocolate pancakes with cottage cheese and banana	Kefir pancakes with fruit	Pancakes with cheese and peaches	Rice with apples and cinnamon	Cheese pancakes with red currant
Spinach	Spinach	Spinach	Spinach	Spinach
Green lentils with peas and dried tomatoes	Warm beets	Mushrooms in teriyaki sauce	Brussels sprouts caramelized in sweet chili and sesame	Cabbage with bacon and tomatoes
Fried red cabbage	Warm young cabbage with colorful peppers	Fried young cabbage	Beetroots in balsamic sauce	Warm beets
Broccoli with cauliflower and corn	A bouquet of vegetables with breadcrumbs and sunflower seeds	Mini caramelized carrots with thyme	Mushrooms in red curry sauce	Broccoli and cauliflower with sunflower seeds
Glazed carrot	Carrot with peas	Brussels sprouts	Broccoli with sunflower seeds	Vegetable bouquet
Green beans mix	Broccoli	Corn with garlic butter	Cauliflower with breadcrumbs	Yellow beans with breadcrumbs
Grilled vegetables	Turkish grilled vegetables	Mix of vegetables with sunflower seeds	Carrot duo with linseed	Grilled vegetables

Dumplings

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Dumplings with cabbage and mushrooms	Dumplings with cheese and raspberries	Dumplings with meat	dumplings with plums	Pelmeni with meat

Others

hooves	Silesian noodles	Pumpkin dumplings with sage butter	Silesian noodles	hooves
Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Mashed potatoes with onion	Water potatoes with dill butter
Fries	Potatoes baked with garlic and marjoram	Ziemniaki pieczone z rozmarynem	Baked potatoes	Wedges fries
Buckwheat with onion	barley	Rice with egg	Turkish bulgur	Rice
Rice	Yellow rice with corn, carrots and peas	Pearl barley with vegetables	Rice with parsley pesto	Pearl barley with vegetables
Pearl barley	Bulgur groats	Buckwheat groats	Couscous with vegetables	Barley groats with mushrooms and onion

Salads

Young shredded cabbage with dill	Chinese cabbage salad with kale, green cucumber and chives	Coleslaw with white cabbage	Coleslaw with white and red cabbage	Salad with Chinese cabbage, kohlrabi, red onion and pepper
Tomato and cucumber salad	Salad with pickled cucumber, peppers and red onion	Carrots with celery	Cucumber and radish salad	Red cabbage salad with cucumber, dill and onion
Salad with white and red cabbage, carrots, corn and leek	Cauliflower coleslaw	Butter lettuce, radish, cucumber	Beetroots with onion	Tomatoes in cream
Beetroots with onion	Beetroot and cucumber salad with sunflower seeds	Tomatoes in cream	Carrot with horseradish	Carrot and pineapple salad
Low-salt cucumbers	Cucumber salad with sour cream	Leek and apple salad	Chinese cabbage salad with corn	Low-salt cucumbers
Butter lettuce with cream and radish	Low-salt cucumbers	Pickled cucumber salad	Low-salt cucumbers	Kohlrabi and cucumber salad

Salads

Pasta salad with gooseberries	Salad With crab sticks	Salad with broad beans, capers and smoked white cheese	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Caesar salad with broccoli
Chicken and avocado salad	Caprese salad	gyros salad	Salad with couscous, raspberry tomatoes and mint	Thai-style rice noodle and chicken salad with peanuts