

Monday 19/08/2024

Tuesday 20/08/2024

Wednesday 21/08/2024

Thursday 22/08/2024 Potato Day

Friday 23/08/2024

**Soups**

Carrot cream with almond milk (veg)	Gazpacho with aromatic vegetables (veg)	Zucchini cream (veg)	Potato with leek, bacon and sunflower seeds	Fish soup with lime leaves
Split pea soup	Mushroom soup (veg)	Tripe	Spicy sweet potato and red lentil soup	Cream of beetroot, coconut milk and ginger (veg)

**Mains**

Chicken in sesame dough	Breaded pork chop with mushrooms and baked with cheese	Poultry fillet devolay	Pork loin in potato dough	Crispy chicken tenders
Pork kofta in tomato and yogurt sauce	Pork loin stuffed with onion and cucumber wrapped in bacon	Beef and pork meatballs in BBQ sauce	Hunting pot with potatoes	Beef rump steak with onion
Pork chops in mushroom sauce	Chicken drumsticks in spicy sambal marinade	Fire kebab (spicy)	Georgian pork ragout	Poultry fillet stuffed with vegetables in leek sauce
Poultry gyros with onion, mushrooms and peppers	Stewed chicken liver with onion and thyme	Spicy pork in caramel	Massaman curry with potatoes and chicken	Spaghetti bolognese
Poultry fillet in zucchini-rosemary sauce	Curry with chicken, sweet potatoes, colorful peppers and broccoli	Carbonara pasta with zucchini	Sweet potato stuffed with minced meat and tomatoes, baked with cheddar cheese	Teriyaki chicken
Zucchini stuffed with turkey and vegetables	Turkey goulash with peppers and mushrooms	Peppers stuffed with meat and vegetables in a spicy tomato sauce	Chinese noodles with chicken and vegetables	Hunter's style pork ham goulash with cucumber and sausage

**Low fat dish**

Steamed pieces of turkey with zucchini and mushrooms	Chicken stewed with zucchini, onion and peppers	chicken meatballs cooked with vegetables	Poultry kebab with onion, peppers and zucchini	Steamed turkey with vegetables
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**Fish**

Cod stewed with zucchini and peppers	Tilapia in herb dough	Breaded hake with sunflower seeds	Rosti with cottage cheese and salmon	Fish cutlet with zucchini and cheese
Minced fish cutlet	Miruna breaded with sesame	Fish stewed in vegetable ragout with olives	Nile perch in nut breading	Salmon baked with zucchini and blue cheese

**Vegan**

Mexican enchilada with lentils and vegetables (veg)	Eggplant Egyptian style (veg)	Pasta in pepper sauce with coriander	Zucchini stuffed with quinoa and vegetables in sweet chili sauce (veg)	Curry with pumpkin, lentils and pumpkin
Risotto with vegetables and fresh herbs (veg)	Tofu in black pepper sauce (veg)	Baked chickpeas with peppers (veg)	Potato pancakes with zucchini (veg)	Breaded zucchini (veg)



Baked zucchini with tomato and mozzarella	Croquette with mushrooms and yellow cheese (veg)	Vegetarian chili con carne with lentils, corn, beans and rice (veg)	Potato balls in panko with camembert cheese (veg)	Vegetable salad with chickpeas (veg)
Vegetarian cauldron with beans, lentils and vegetables (veg)	Chickpeas in curry sauce with zucchini and peppers	Baked peppers stuffed with groats and mushrooms (veg)	Baked chickpeas with peppers (veg)	Greek eggplant baked with feta cheese
Potato cutlets with chanterelles in cream (veg)	Zucchini and eggplant ratatouille in tomato sauce (veg)	Oriental chickpeas with onion, tomatoes and zucchini (veg)	Gratin in various flavors (veg)	Cauliflower casserole (veg)
Waffles with fruit	Kefir pancakes with fruit	Pancakes with cheese and peaches	Plums with crumble	Cheese pancakes with red currant

**Others**

Spinach	Spinach	Spinach	Spinach	Spinach
Corn with garlic butter	Warm beets	Mushrooms in teriyaki sauce	Brussels sprouts caramelized in sweet chili and sesame	Cabbage with bacon and tomatoes
Fried red cabbage	Warm young cabbage with colorful peppers	Fried young cabbage	Beetroots in balsamic sauce	Warm beets
Broccoli with cauliflower and corn	A bouquet of vegetables with breadcrumbs and sunflower seeds	Mini caramelized carrots with thyme	Mushrooms in red curry sauce	Broccoli and cauliflower with sunflower seeds
Glazed carrot	Carrots with peas	Brussels sprouts	Broccoli with sunflower seeds	Vegetable bouquet
Green beans mix	Broccoli	Corn with garlic butter	Cauliflower with breadcrumbs	Yellow beans with breadcrumbs
Grilled vegetables	Turkish grilled vegetables	Mix of vegetables with sunflower seeds	Italian-style vegetables (green beans, carrots, zucchini, corn)	Grilled vegetables

**Dumpling**

Russian dumplings	Russian dumplings	Russian dumplings	Gray dumplings with bacon and brine cottage cheese	Russian dumplings
Dumplings with feta cheese and pumpkin	Dumplings with strawberries	Dumplings with sweet cheese	Kartacze with meat/Potato dumplings	Pelmeni with meat

**Extras**

Hoofs	Silesian dumplings	Pumpkin dumplings with sage butter	French fries / Potato wedges / CrissCuts Seasoned French fries	Hoofs
Water potatoes with dill butter	Mashed potatoes	Water potatoes with dill butter	Mashed potatoes with onion	Water potatoes with dill butter
Ziemniaki smażone z warzywami	Fried potato wedges	Potatoes baked with rosemary	Hasselback potatoes	Wedges fries
Buckwheat with onion	Barley groats	Rice with egg	Turkish bulgur	Rice
Rice	Yellow rice with corn, carrots and peas	Pearl barley with vegetables	Rice with parsley pesto	Pearl barley with vegetables
Pearl barley	Bulgur groats	Buckwheat groats	Couscous with vegetables	Barley groats with mushrooms and onion

<b>Salads</b>	Young shredded cabbage with dill	Chinese cabbage salad with kale, green cucumber and chives	Coleslaw with white cabbage	Coleslaw with white and red cabbage	Salad with Chinese cabbage, kohlrabi, red onion and pepper
	Tomato and cucumber salad	Salad with pickled cucumber, peppers and red onion	Lettuce with radish	Cucumber and radish salad	Red cabbage salad with cucumber, dill and onion
	Salad with white and red cabbage, carrots, corn and leek	Cauliflower coleslaw	Butter lettuce, radish, cucumber	Beetroots with onion	Tomatoes in cream
	Beetroots with onion	Beetroot and cucumber salad with sunflower seeds	Tomatoes in cream	Carrot with horseradish	Carrot and pineapple salad
	Low-salt cucumbers	Cucumber salad with cream	Leek and apple salad	Chinese cabbage salad with corn	Low-salt cucumbers
	Butter lettuce with cream and radish	Low-salt cucumbers	Broccoli, radish and corn salad with yogurt sauce	Low-salt cucumbers	Kohlrabi and cucumber salad
<b>Salads</b>	Italian salad, tomatoes, basil leaves, celery, mint leaves	Salad with crab sticks	Salad with broad beans, capers and smoked white cheese	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Caesar salad with broccoli
	Chicken and avocado salad	Caprese salad	Gyro salad	Potato salad	Thai-style rice noodle and chicken salad with peanuts