

Monday 26/08/2024

Tuesday 27/08/2024

Wednesday 28/08/2024

Thursday 29/08/2024

Friday 30/08/2024

Soups

Thai tom kha kai soup with chicken
Cauliflower and ginger soup (veg)

Chicken soup with noodles
Pepper soup (veg)

Bean
Neapolitan soup with croutons (veg)

Georgian goulash soup
Krupnik(veg)

Fish soup with tomatoes
Turkish soup with lentils and bulgur

Mains

Breaded chicken fillet
Ribs stewed in onion
Crispy chicken legs with mayonnaise
Gypsy-style beef goulash
Poultry fillet in dill sauce
Oriental pork with lemongrass

Chicken fillet breaded with almonds
Baked beans
Spaghetti pasta with spicy salami, arugula and mushrooms
BBQ beef burger 100% (beef, bacon, tomato, cheddar cheese, red onion, bbq sauce)
Teriyaki turkey
Pork neck baked in mushroom sauce with dried plums

Grilled fillet stuffed with cheese and mushrooms wrapped in a slice of bacon
Rice and pork meatballs in mushroom sauce
Szechuan chicken
Spicy buffalo wings
Bacon roulade stuffed with marjoram and garlic in plum sauce
Shepherd's goulash (pork, onion, peas, parsley root, carrots...)

Swiss-style pork chop
Beef Strgonoff
Chicken liver with apple and onion
Grilled turkey with almonds
Pork gyros with vegetables
Chinese noodles with chicken and vegetables

Chicken strips
Pork meatballs in dill sauce with carrots
Hawaiian style chicken fillet
Gnocchi with chicken, sun-dried tomato and olive
Kung Bao Pork
Grilled pork steaks with onions and curry sauce

Low fat dish

Steamed pork chops with vegetables

Steamed turkey breast with parsley pesto

Slow-cooked chicken leg with colorful vegetables

Poultry fillet roll with colorful peppers

Steamed blue ling fillet with salsa sauce

Fish

Pasta with salmon, spinach and feta cheese
Breaded hake with colorful pepper

Tilapia in panko
Cod baked with broccoli and cheese paste

Fish & chips
Burger with salmon, pear and blue cheese

Breaded hake
Salmon steak baked with citrus

Minced fish cutlet
Sautéed fish with jalapeno dip

Vegan

Hungarian Lecho (veg)
Bigos with oyster mushrooms and forest mushrooms

Aloo gobi (cauliflower, potatoes, tomatoes, peas)(veg)
Thai oyster mushrooms with rice noodles (veg)

Sweet potato and lentil cutlets with thousand island sauce
Greek eggplant baked with feta cheese

Zucchini stuffed with quinoa and vegetables in sweet chili sauce (veg)
Pieczony kalafor w pomidorach (veg)

Sicilian caponata
Bulgur kaszotto with chickpeas, mushrooms, dried tomatoes, olives and fresh parsley (veg)



Sweet potatoes baked with rosemary (veg)
Pad preaw wan with chickpeas (veg)
Curry spring rolls (veg)

Lasagna with spinach (veg)
Zucchini baked with feta and tomato in tomato and herb sauce (veg)
Aromatic thai curry with cauliflower (veg)

Zucchini breaded in panko
Vegetable soup with chickpeas
Fried rice with vegetables (veg)

Buckwheat kaszotto with forest mushrooms
Baked chickpeas with peppers (veg)
Breaded cheese

Yellow rice fried with vegetables
Baked pumpkin, sweet potatoes with Brussels sprouts and chilli (veg)
Tortilla cake with spinach

Cheese pancakes with raisins and nuts

Vanilla pancakes with buttermilk

Pancakes with Nutella and banana

Pancakes with apples

Chocolate pancakes with cottage cheese and coconut

Vegetables

Spinach
Carrot caramelized in honey
Broccoli in cheese sauce
Brussels sprouts
Cauliflower with breadcrumbs
Green beans mix

Spinach
White cabbage fried with bacon
Warm beets (veg)
A bouquet of vegetables with breadcrumbs and sunflower seeds
Carrots with peas
Broccoli

Spinach
Mushrooms in cheese sauce
Red cabbage
Carrots baked in honey with ginger, chili and sesame
Brussels sprouts
Broccoli with cauliflower and corn

Spinach
Brussels sprouts caramelized in sweet chili and sesame
Beetroots in balsamic sauce
Mushrooms in red curry sauce
Vegetable bouquet
Cauliflower with breadcrumbs
Italian-style vegetables (green beans, carrots, zucchini, corn)

Spinach
Mushrooms in cream
Broccoli in curry sauce
Brussels sprouts
Vegetable bouquet
Yellow beans with breadcrumbs
Grilled vegetables

Dumplings

Russian dumplings
Dumplings a la robber style

Russian dumplings
Empanadas with corn, cheese and coriander

Russian dumplings
Dumplings with salami, olives and capers

Russian dumplings
Dumplings with raspberries and cottage cheese

Russian dumplings
Indian dumplings with garam masala potatoes and peas

Others

Hoofs
Water potatoes with dill butter
Mashed potatoes
Buckwheat with onion
Rice
Pearl barley

Silesian dumplings
Potatoes from water
Fried potato wedges
Pearl barley with vegetables
Rice with vegetables
Buckwheat groats

Spinach dumplings
Mashed potatoes with carrots
Ziemniaki pieczone z rozmarynem
Rice with egg
Turkish bulgur
Couscous with vegetables

Silesian dumplings
Mashed potatoes with onion
Potatoes baked with garlic and marjoram
Bulgur groats
Tandoria rice
Couscous

Hoofs
Water potatoes with dill butter
Wedges fries
Rice
Couscous with vegetables
Barley groats with green peas

Salads	Tomatoes with onions	Chinese cabbage salad with carrots	Coleslaw with white cabbage	Coleslaw with white and red cabbage	Salad with Chinese cabbage, kohlrabi, red onion and pepper
	Leek and pea salad	Salad with pickled cucumber, peppers and red onion	Company salad made from Chinese cabbage	Cucumber and radish salad	Sauerkraut salad
	Beetroot and cucumber salad with sunflower seeds	Coleslaw with young cabbage	Salad with carrots, kohlrabi and bamboo shoots	Beetroots with onion	Tomatoes in cream
	Thai cucumbers	Broccoli and cauliflower salad with mayonnaise	Tomatoes in cream	Carrot with horseradish	Carrot salad with peach and apple
	Coleslaw	Sauerkraut salad	Korean beets	Chinese cabbage salad with leek	Cucumber salad with cream
	Butter lettuce with cream and radish	Low-salt cucumbers	White turnip salad with radishes	Low-salt cucumbers	Red cabbage salad
Salads	Salad with broccoli and tomato in garlic sauce	Salad with millet, spinach, beetroot and smoked cheese	Salad with grilled chicken	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Yogurt salad with boiled chicken
	Salad with couscous, raspberry tomatoes and mint	Greek salad	Salad with couscous, raspberry tomatoes and mint	Hawaiian salad (chicken, pineapple)	Pickled cucumber salad