

MEET & EAT.

Bistro and more

MENU Week 32 our menu at www.meet-and-eat.pl

05.08.2024

06.08.2024

07.08.2024

08.08.2024

09.08.2024

Soups

Smoked cabbage soup with bacon and sausage	Sour rye soup with sausage	Goulash soup with smoked paprika	Ukrainian borscht with pork	Spicy fish soup
Barley soup with young vegetables	Tomato soup with pasta	Cucumber soup with rice	Cream of white vegetables	Sorrel with egg (veg)

Meat

Chicken fillet breaded with Provençal herbs	Breaded pork neck cutlet with mushrooms	Pork chop with chanterelles	Poultry chop with dried tomatoes	Fried chicken fillet a la caprese
Chicken drumsticks in bacon	Poultry brisol with onion	Pork rump steak with onion and pickled cucumber	Homemade stuffed cabbage rolls in tomato sauce	Roast pork with ham and cherry sauce
Poultry meatballs in mushroom sauce	Chili Con Carne with turkey	Potato casserole with sausage and bacon	Pork stewed with mun mushrooms	Chicken in spinach sauce
Steamed poultry roll with green beans in mint sauce	Thai bacon	Pasta in a creamy sauce with chicken, oyster mushrooms and mushrooms with parsley	Curry with chicken and vegetables	Lazania Bolognese

Low Fat dish

Pork 5 flavors	Chicken stroganoff	Chicken burger	Pork meatball in mushroom sauce	Fire cutlet with mushrooms
Mix of grilled meats with vegetables	Roast in dark sauce	Poultry stomachs in cream sauce with vegetables	Chicken legs baked with Mexican salsa	Pork chops in chanterelle sauce

Fish

Chicken with mini corn cobs	Pork tenderloins slowly cooked in broth with colorful vegetables	Chicken meatballs in broth with colorful vegetables	Chicken fillet in broth with colorful vegetables	Slow-cooked beef with carrots and celery
Breaded cod with almonds	Tilapia breaded in panko	Roasted salmon with Mexican salsa	Cod with pesto	Fish cutlet with zucchini and blue cheese
Fish stewed in vegetable ragout with olives	Grilled mackerel with sun-dried tomatoes	Breaded fish	Corn-crusted fish	Pollock in crispy breadcrumbs

Vegan

Pumpkin and chickpea curry with potatoes and coriander (veg)	Baked beans (veg)	Vegetable goulash with aromatic spices	Sweet Chilli Tofu	Buckwheat cutlets with broccoli and arugula (veg)
Stuffed peppers with buckwheat, mushrooms and eggplant in tomato sauce (veg)	Sweet potato baked with rosemary and chilli	Penne all pesto with zucchini	Madras Curry with roasted vegetables	Rice noodles with vegetables, mango and black sesame (veg)
Lentil cutlets (veg)	Pancake with spinach and feta cheese baked with Falafel with harissa	Tortilla cake with vegetables (veg)	Zucchini stuffed with vegetables	Tortilla cake with vegetables (veg)
Tagliatelle in tomato and cheese sauce with basil	Curry with tofu and chickpeas (veg)	Eggplant baked with vegetables and cheese	Vega Balls in tomato sauce	Breaded cheese with cranberries
Vegetables in tempura (veg)	Fried rice with vegetables (veg)	Pancakes with cheese and raspberries	Oriental pasta with vegetables	Gnocchi in Napoli sauce (veg)
Pancakes with cheese and strawberries	Pancakes with orange syrup		Yeast pancakes with strawberry and rhubarb mousse	Sponge cakes with banana



Vegetables

Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms in cream	Fried beets	Mushrooms in teriyaki sauce	Beetroots in balsamic sauce	Mushrooms in cream
Fried red cabbage	Fried young cabbage	Carrots with peas	Mushrooms in red curry sauce	Warm beets
Broccoli and cauliflower with sunflower seeds	Vegetable bouquet	Brussels sprouts	Broccoli with sunflower seeds	Broccoli and cauliflower with sunflower seeds
Vegetable bouquet	Carrot duo with garlic butter	Cauliflower with broccoli and roasted pumpkin	Cauliflower with breadcrumbs	Vegetable bouquet
Carrot with sesame seeds	Yellow beans with breadcrumbs	Steamed vegetable mixture	Carrot duo with linseed	Yellow beans with breadcrumbs

Dumplings

Dumplings	Dumplings	Dumplings	Dumplings	Dumplings
Lazy dumplings with cream and blueberries	Mexican dumplings	Dumplings with meat	Dumplings with plum	Pelmeni with meat

Others

hooves	Silesian noodles	Pumpkin dumplings with sage butter	Silesian noodles	hooves
Water potatoes with dill butter	Fried potato wedges	Water potatoes with dill butter	Horseradish puree potatoes	Water potatoes with dill butter
Potatoes baked with rosemary	Potatoes baked with garlic and marjoram	STEAKHOUSE fries	Baked potatoes	Potatoes baked with garlic and marjoram
Rice	Rice with basil pesto	Rice with egg	Jasmine rice with green peas	Rice
Buckwheat groats	Pearl barley in tomato sauce with parsley	Turkish bulgur	Buckwheat groats	Pearl barley with vegetables
Pearl barley with vegetables	Bulgur groats	Buckwheat groats	Cous cous with roasted pumpkin	Barley groats with mushrooms and onion

Salads

Iceberg lettuce, arugula, watermelon, mint	Chinese cabbage salad with kale, green cucumber and chives	Dill salad	Salad With sauerkraut	Salad with Chinese cabbage, kohlrabi, red onion and pepper
Carrot salad with horseradish and raisins in cream	Tomatoes in cream	Leek and carrot salad with apple in cream	Low-salt cucumbers with chilli and garlic	Red cabbage salad with cucumber, dill and onion
White radish salad with corn	Carrot salad with peach and apple	Celery and carrot salad	Carrot salad with peach and apple	Leek and pea salad
Red cabbage salad with onion and mayonnaise	Beetroot and cucumber salad	Chinese cabbage salad with corn	Red cabbage salad with cucumber, dill and onion	Butter lettuce, radish, cucumber
Butter lettuce, radish, cucumber, cream	Salad with white cabbage, leek, apple and carrot	Coleslaw with young cabbage	Red beetroot salad with onion	Beetroot and cucumber salad
Kimchi salad	Cucumber soup with dill cream	Salad with cream	Green bean salad, blue cheese and nuts	Thai cucumber salad
Low-salt cucumbers	Pickled cucumbers with French mustard	Low-salt cucumbers	Pickled cucumber	Low-salt cucumbers

Salads

Macaroni salad	Broccoli, radish and corn salad with yogurt sauce	Juicy salad with melon, mozzarella and cherry tomatoes	Greek feast salad (tomato, pepper, cucumber, red onion, feta cheese)	Salad with mozzarella and blackcurrant
tuna salad	Spinach, arugula, pear, black sesame salad	Salad With crab sticks	Hawaiian salad (chicken, pineapple)	Salad with couscous, raspberry tomatoes and mint