

Monday 23-09 -2024

Tuesday 24-09-2024

Wednesday 25-09-2024

Thursday 26-09-2024

Friday 27-09-2024

Soups

Cream of white vegetables with dried plums (veg)	Carrot and parsnip cream (veg)	Vegan spinach cream (veg)	Mexican soup with beef and dark chocolate	Ukrainian borscht (veg)
Thai Tom Kha Kai Soup with Chicken	Bavarian pork soup with beer	Homemade chicken broth with poured dumplings and vegetables	Tortilla Soup (veg)	Fish soup with tomatoes

Mains

Hawaiian Chicken Fillet	Breaded turkey pieces in curry	Cordon bleu in cornflake breadcrumbs	Chicken strips	Pork steaks with grilled vegetables
Chicken with coconut milk, pumpkin and kale	Pork tenderloin with thick-cut vegetables (spicy)	Minced meat roulade stuffed with plums	Carnitas - Crispy pork in a tortilla with onion, salsa and cilantro	Chicken gizzards in marjoram sauce
Pork chops in apple bbq sauce	Honey glazed chicken thighs with sesame seeds	Pork in a sweet and spicy sauce with pineapple	Tacos al Pastor - Corn tortillas with marinated pork, pineapple, onion, cilantro and salsa	Roasted pork shoulder in mint sauce
Leczo with smoked paprika, bacon and sausage	Bacon stewed in red wine	Turkey Mince with Cranberries and Nuts	Cooked turkey pieces with fresh spinach and a mix of roasted seeds	Pork neck roulades
Pork chops in their own sauce	Chicken cacciatore	Marinated BBQ Chicken Wings	Chiles en Nogada (peppers stuffed with meat)	Duck leg with red cabbage
Fusilli with zucchini and chorizo	Potato cake with bacon and sausage	Udon noodles with chicken in black pepper sauce	Beef fajitas	Pork 5 Flavors with Mung Mushrooms

Low fat dish

Braised pork tenderloin in a light mustard sauce	Turkey fillet in broth with cabbage and corn	Grilled salmon with green pepper sauce	Chicken fillet cooked a la bruschetta (sprouts, tomato, garlic)	Boiled chicken fillet stuffed Polish style (vegetables)
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Fish

Crispy Chinese wok fish with vegetables	Cod in mustard sauce with honey	Hungarian style fish	Pescado a la Veracruzana (fish in tomatoes)	Fish balls with sweet potatoes
Fish in almond breadcrumbs	Fish fingers with sesame	Fish in breadcrumbs with quinoa and curry	Cod in pancake batter	Miruna in pumpkin seeds

Vegan

Tempeh in hoisin sauce	Millet burgers with spinach (veg)	Moroccan tagine with vegetables	Spicy Brussels sprouts with carrots (veg)	Kashotto with zucchini, peppers, carrots and corn
Zucchini stuffed with rice and vegetables	Baked Cauliflower in BBQ Sauce	Tofu in coconut sauce with mango and coriander	Vegan Mexican meatballs albondigas	Potato casserole with vegetables

Chickpea and parsley meatballs	Eggplant Egyptian Style (veg)	Red bean and carrot meatballs	Vegetarian enchiladas	Roasted pepper and tofu meatballs
Vegetarian burrito with vegetables	Caneloni stuffed with vegetables baked with cheese	Leczo with vegetarian sausages	Vegetable stew with sweet potatoes, beans and chickpeas	Aromatic lentil and sweet potato stew (veg)
Italian schiacciata with mozzarella, grilled vegetables, tomato sauce	Chickpeas in Tiki Masala Sauce	Tortilla with spinach and feta cheese	Baked pyramids of zucchini, eggplant, tomato and cheese	Mushrooms stuffed with vegetables
Chocolate pancakes with cheese and red currant	Pancakes with fruit	Pancakes with apples	Plum and almond crumble	Yeast pancakes with apples



Spinach	Spinach	Spinach	Spinach	Spinach
Mushrooms with parsley	Warm beets	Mushrooms in soy sauce	Fried beets	Fried cabbage with mushrooms
Caramelized carrots with ginger	Beans in tomatoes	Red cabbage with onion, fried	Sauerkraut, fried	Beans in tomatoes
Broccoli with cauliflower and corn	Broccoli in curry sauce	A bouquet of vegetables with breadcrumbs and sunflower seeds	Broccoli with cauliflower and corn	Broccoli in béchamel sauce
Cauliflower baked with cheese	Carrot with sesame	Glazed carrots	Cauliflower breaded in sweet chilli sauce (veg)	Glazed carrots
Green beans mix	Green beans mix	Yellow beans with breadcrumbs	Brussels sprouts	Green beans mix
Grilled vegetables	Grilled vegetables Italian style	Grilled vegetables	Vegetable fries (beetroot, parsnip, carrot) with cheese sauce	Grilled vegetables

Dumplings

Russian dumplings	Russian dumplings	Russian dumplings	Russian dumplings	Russian dumplings
Cepelinaï with meat	Pierogi with plums	Meat dumplings	Epanadas with corn, cheese and coriander	Pierogi with feta cheese and spinach

Others

Silesian dumplings	Silesian dumplings	Pumpkin dumplings with sage butter	Spinach dumplings	Silesian dumplings
Boiled potatoes with dill butter	Mashed potatoes with wasabi	Boiled potatoes with dill butter	Boiled potatoes with dill butter	Mashed potatoes
Baked potatoes with garlic and marjoram	Fries	Baked potatoes with rosemary	Baked potatoes with garlic and marjoram	STEAKHOUSE fries
Buckwheat with onion	Barley groats	Rice with egg	Buckwheat groats	Rice with parsley pesto
Rice with mushrooms and peas	Rice with egg	Pearl barley with vegetables	Rice	Pearl barley with vegetables
Pearl barley with green beans and carrots	Bulgur with dried tomatoes and parsley	Buckwheat groats	Barley groats with mushrooms and onions	Barley groats with mushrooms and onions

Salads	Chinese cabbage salad with leek	Cauliflower Coleslaw	Gypsy white cabbage salad	Peppers, yon...	Pickled cucumbers
	Carrot and apple salad in cream	Cucumber and radish salad	Cucumber soup with cream	Tomato and cucumber salad	Green bean salad with radish
	Tomatoes with onion	Kohlrabi and pepper salad	Oriental carrot and cucumber salad with sesame seeds	Red beetroot and onion salad	Tomatoes in cream
	Red cabbage salad with carrots and raisins	Cucumber soup with cream	Chinese cabbage salad with baby corn cobs	Cucumber and carrot kimchi	Leek salad
	White turnip and radish salad	Chinese cabbage salad with corn	Beetroot with onion	Cucumbers with French mustard, onion and pepper	Cucumber salad with French mustard
	Beetroot salad with sunflower seeds	Pickled cucumber	Broccoli and cauliflower salad with mayonnaise	Butterhead salad with cream and radish	Chinese cabbage salad with kale, green cucumber and chives
Salads	Caesar Salad	Waldorf Salad - celery, apple, grapes, nuts, mayonnaise	Cobb Salad - grilled chicken, bacon, avocado, egg, tomato, cheese	Mexican salad (leek, corn, pineapple, red beans, peppers, yellow cheese, mayonnaise)	Broccoli and Red Bean Salad
	Beetroot, goat cheese and nut salad	Watermelon and feta salad	Roasted Beetroot and Orange Salad	Fajita salad with grilled chicken and peppers	Greek salad