

MEET & EAT.

Bistro and more

MENU 46 Week our menu on www.meet-and-eat.pl

Monday 11-11-2024

Tuesday 12-11-2024

Wednesday 13-11-2024 Potato
Pancake Day

Thursday 14-11-2024

Friday 15-11-2024

Soups

Pumpkin-coconut soup with chicken
Cauliflower (veg)

Ukrainian borscht with pork
Lentil soup with roasted vegetables (veg)

Thai Chicken Soup
Oyster mushroom tripe (veg)

Sour soup with ribs
Spinach soup with blue cheese (veg)

Meats

Pork loin in corn breadcrumbs
Pork with green pepper in oyster sauce
Sweet and sour wings

Chicken fillet breaded with sunflower seeds
Quesadilla with pork, spicy salami, cheese and vegetables
Chicken fillet stuffed with broccoli, Balkan cheese and dried tomato

Pozharsky cutlet (poultry)
Pork loin escalopes with cream-horseradish sauce
Crispy chicken thigh with cilantro and lime

Herb-crusted pork loin with mushrooms and parsley
Cevapcici in spicy tomato sauce
Kung Bao Chicken

Spicy Pork Meatballs in Coconut Tomato Sauce
Grilled chicken fillet with pumpkin and vegetables
Pasta with chicken, zucchini, dried tomatoes and sage

Gypsy Beef Goulash
Spicy chicken and mango curry
Risotto with chicken, mushrooms, tomatoes and parmesan

Roast pork in orange and ginger sauce
Pork goulash hunter style
Penne pasta with bacon in spinach sauce

Chicken goulash with green peas and broccoli in thyme sauce
Beef rump steak with onion
Pork neck with soy sauce, honey, mushrooms and garlic

Low fat dish

Steamed salmon with colorful vegetables (kcal.170/100g)

Turkey and vegetable skewers

chicken meatballs cooked with vegetables

Turkey in broth with vegetables

Fish

Miruna with cheese and spinach paste
Crispy breaded redfish

Tilapia in herb batter
Cod stewed with zucchini and peppers

Miruna in sesame breading
Potato pancakes with smoked salmon and cream fresh

Minced fish cutlet with broccoli and cheese
Cod in beer batter

Vegan

Sicilian Caponata
Spring rolls with vegetables (veg)

Hunter's style potato pancakes (veg) (onion, pepper, mushrooms)
Tortilla with vegetables (veg)

Wholegrain pasta with oyster mushrooms, fresh spinach and tomato passata (veg)
Zucchini stuffed with quinoa and vegetables

Brown rice risotto with pumpkin, fresh spinach, and nuts (veg)
Tofu in teriyaki sauce



Aromatic lentil and sweet potato stew (veg)

Falafel with tahini yogurt sauce (veg)

Breaded cauliflower

Baked potatoes with mushrooms and mozzarella cheese

Egg cutlets

Tofu with spinach curry sauce (veg)

Lasagna with spinach and dried tomatoes

Mexican Enchilada with Lentils and Vegetables (veg)

Oriental Kung Pao Chickpeas (veg)
Pancakes with banana

Ratatatouille
Waffles with whipped cream and fruit

Vegetable stew with baked pumpkin
Yeast pancakes with apples

Chickpeas Breton style with peppers (veg)
Stracciatella cheese pancakes

Spinach
Mushrooms in cheese sauce
Green lentils with peas and dried tomatoes
Brussels sprouts
Carrots with peas and breadcrumbs

Spinach
Warm beets
Glazed carrots
Fried cabbage
Steamed vegetable mix

Spinach
Fried beets
Lentils in tomatoes
Cauliflower with broccoli and roasted pumpkin
Mini carrots with sesame seeds

Spinach
Fried cabbage with mushrooms
Mushrooms with parsley and garlic
Broccoli in béchamel sauce
Green beans with garlic breadcrumbs

Cauliflower with garlic, parsley and breadcrumbs

Brussels sprouts

Beans mix

Cauliflower with sesame

Grilled vegetables Turkish style

Vegetable fries (beetroot, parsnip, carrot) with cheese sauce

Grilled vegetables Italian style

Grilled vegetables

Pierogi

Russian dumplings
Dumplings with spinach and blue cheese

Russian dumplings
Meat dumplings

Russian dumplings
Dumplings with cheese and cherries

Russian dumplings
Dumplings with potato cheese and bacon

Hoof dumplings
Baked potatoes with garlic and marjoram

Silesian dumplings
Boiled potatoes with dill butter

Spinach dumplings
Mashed potatoes with onion

Silesian dumplings
Boiled potatoes with dill butter

Extras

Potatoes from water
Pearl barley
Rice with parsley pesto
Buckwheat with onion

Wedges fries
Rice with mushrooms
Turkish Bulgur
Pearl barley with broccoli, spinach and peas

STEAKHOUSE fries
Millet groats
Rice with parsley pesto
Porridge with wild mushrooms (veg)

Wedges fries
Yellow rice
Green lentils with peas and dried tomatoes
Pearl barley in tomato sauce with parsley

Salads

Coleslaw made of white cabbage with horseradish
Cucumber salad with French mustard
Korean Beetroot
Butterhead lettuce, radish, cucumber
Chinese cabbage salad with carrots
Cucumber and carrot kimchi

Salad with white and red cabbage, carrots, corn and leek
Pickled cucumber
Red beetroot salad with yogurt
Cauliflower and broccoli salad
Green bean salad with blue cheese and nuts
Salad with Chinese cabbage, kohlrabi, red onion and pepper

White cabbage salad with horseradish
Salad with leek and corn
Beetroot and cucumber salad
Salad with cream
Sweet pumpkin and apple salad
Sauerkraut salad

Salad with white cabbage, pickled cucumbers and apples
Carrot and pineapple salad
Red beetroot and onion salad
White radish salad
Swedish salad
Chinese cabbage salad with kale, green cucumber and chives

Salads

Autumn salad with kale, chicken, cranberries and roasted sunflower seeds

Asian salad with marinated pork neck in soy sauce

Chickpea salad with sun-dried tomatoes and baked pumpkin

Rhodes Salad

Gyros salad

Caesar salad (egg, croutons)

Salad with surimi sticks

Hawaiian salad (chicken, pineapple)