

MEET & EAT.

Bistro and more


MENU 45 Week our menu on www.meet-and-eat.pl

Monday 4-11-2024

Tuesday 5-11-2024

Wednesday 6-11-2024

Thursday 7-11-2024 GOOSE DAY

	Monday 4-11-2024	Tuesday 5-11-2024	Wednesday 6-11-2024	Thursday 7-11-2024 GOOSE DAY
Soups	Lentil and spinach soup (veg)	Mushroom soup (veg)	Tuscan bean and zucchini soup (veg)	Sorrel soup with egg (veg)
	Sour rye soup	Chicken Forshmak Soup	Chorba - Bulgarian soup	Goose barley soup with vegetables
	Minced meat cutlets	Chops shu shu	Carne Adobada, or Mexican Pork with Chili	Spicy BBQ Ribs
Meat	Chinese-style pork with mango	Curry with chicken, sweet potatoes, colored peppers and broccoli	Hoisin Chicken Noodle	Nasi goeng with chicken
	Chicken in mushroom sauce with tarragon	Pork tenderloin in honey and nut sauce	Eggplant stuffed with minced meat and vegetables	Goose breast in plum sauce with dark chocolate and chilli
	Chicken legs in a lemon butter sauce with capers	Chicken drumstick with tomatoes and leeks	Gypsy style pork neck	Pork chop with bone/Japanese tonkatsu chop
	Pork chops in horseradish sauce	Keftedes, or Greek Meatballs	Devolay with truffle paste	Spanish cauldron
Low fat dish	Chicken stewed in tomato and pepper sauce	Pork loin with chanterelles in a light yogurt sauce	Chicken in a light leek and apple sauce	Sous vide goose leg in cherry-ginger sauce
Fish	Fish in nut and pumpkin breadcrumbs	Breaded cod	Breaded miruna with sesame seeds	Fish in breadcrumbs with sunflower seeds and curry
	Fish balls in baked tomato and olive sauce	Baked salmon with red lentil paste and curry	Pollock in honey-mustard sauce	Cod with feta and rocket paste
Vegan	Thai curry with chickpeas, pumpkin and spinach	Eggplant stew	Zucchini stuffed with millet and vegetables	Baked sweet potatoes with hummus and coriander pesto
	Pumpkin and chickpea cutlets	Tofu in tomato sauce with basil	Fried yellow cheese with tartar sauce	Beetroot and feta cutlets
	Breaded oyster mushrooms	Grilled cauliflower with leaves in pad thai sauce	Millet cutlets with mushrooms	Vegetable skewers
	Plums under crumble	Pancakes with banana and chocolate cream	Cottage cheese pancakes with pomegranate	Sweet rice with apples, honey and cinnamon
	Spinach	Spinach	Spinach	Spinach
	Corn in butter	Cauliflower in cheese sauce	Carrots in ginger sauce	Fried cabbage in pepper sauce
	Brussels sprouts in mustard sauce	Stewed peppers with onion	Warm beets	Carrots with peas
Extras	Green beans	Brussels sprouts	Green beans	Brussels sprouts
	A bouquet of vegetables	A bouquet of vegetables	A bouquet of vegetables	A bouquet of vegetables
	Cauliflower	Broccoli	Cauliflower	Broccoli
	Grilled vegetables	Grilled vegetables Turkish style	Vegetable fries (beetroot, parsnip, carrot) with cheese sauce	Grilled vegetables
Pierogi	Russian dumplings	Russian dumplings	Russian dumplings	Russian dumplings
	Pierogi with lentils and spinach	Pierogi with apple and cinnamon	Pierogi with pumpkin and bacon	Pierogi with roasted goose and cranberries
	Silesian dumplings	Hoof dumplings	Lazy dumplings	Koptyk with spinach
Extras	Fries	Potato slices	Baked potatoes with vegetables	Potato boats
	Boiled potatoes with dill butter	Mashed potatoes with carrots	Boiled potatoes with dill butter	Mashed potatoes with green peas
	Cous cous groats	Barley groats with mushrooms and onions	Cous cous with tomatoes and coriander	Green lentils with peas and dried tomatoes
	White rice with kale	Brown rice	White rice with basil pesto	Brown rice with mushrooms
Salads	Buckwheat groats	Pearl barley	Buckwheat with onion	Pearl barley with dried tomatoes
	Autumn Pumpkin and Apple Salad	Sauerkraut salad	Coleslaw made of white cabbage with horseradish	Cucumber soup with cream
	Beetroot with onion	Red beetroot and onion salad	Carrots with horseradish	Tomato and cucumber salad
	Carrot and orange salad	Leek and apple salad	Carrot, apple and beetroot salad	Beetroot with onion
	Coleslaw with white cabbage	Butterhead lettuce, radish, cucumber	Chinese cabbage salad with corn	Fresh cauliflower salad
	Pickled cucumber	Cucumber soup with cream	Leek salad	Coleslaw with white cabbage
Salads	Chinese cabbage salad with corn	Indian salad (white cabbage, peanuts, carrots)	Pickled cucumber salad	Pickled cucumber, colored peppers and onion
	Caesar salad with chicken	Avocado and Baked Sweet Potato Salad	Salad with cherry tomatoes, pomegranate and feta cheese	Salad with egg, broccoli and corn
	Mexican Salad	Seafood salad with tuna	Salad Niçoise	Salad with chicken, orange and celery

Friday 8-11-2024

Laksa soup with cod and peppers

Autumn soup with Brussels sprouts

Chicken breast schnitzel with almonds

Chicken nihari

Baked bacon in old Polish style

Pork loin in leek and carrot sauce

Meatballs in carbonara sauce

Pork tenderloin in mustard and dill sauce

Sauteed fish with tartar sauce

Hake in cream and dill sauce

Baked cauliflower with buffalo sauce

Lentil and buckwheat cutlets

Gnocchi with dried tomatoes, spinach and parmesan (veg)

Oatmeal pancakes with peaches

Spinach

Lentils in tomato sauce

Mushrooms in curry sauce

Green beans

A bouquet of vegetables

Cauliflower

Roasted Root Vegetables with Honey, Nuts, Rosemary and Tahini Sauce

Russian dumplings

Pierogi with buckwheat and onion

Lazy dumplings

Baked potatoes with garlic

Boiled potatoes with dill butter

Turkish Bulgur

White rice

Buckwheat with onion and mushrooms

White cabbage salad with carrots and corn

Leek and apple salad

White radish salad

Red beetroot and onion salad

Old Polish salad made of white cabbage

Pickled cucumber

Turkish chickpea salad

Beetroot and mango salad